

## PARENT'S CONTRACT

1. I know that the Internet is an important resource for my children and that being familiar with it is a necessary skill. It can also be a wonderful place to visit, but I know that I must do my part to help keep my kids safe online.
2. I will get to know the services and websites my child uses.
3. I will set reasonable rules and guidelines for computer use by my children, including how much time they may spend online; I will encourage them to participate in offline activities as well. We will discuss these rules and post them near the computer as a reminder.
4. I will not overreact if my child tells me about something "bad" he or she finds or does on the Internet.
5. If my child does something that I do not approve of online we will have a calm conversation about my expectations and the reasons for our Internet rules. I understand that just taking away the Internet will not solve the problem.
6. I will try to get to know my child's online friends and contacts just as I try to get to know his or her offline friends.
7. I will try to put the home computer in a family area rather than in my child's bedroom.
8. I will report suspicious and illegal activity and sites to the proper authorities and learn how to report abuse when necessary.
9. I will frequently check to see where my kids have visited on the Internet and I will talk to them if I see something I'm concerned about or that I think is inappropriate.
10. I will talk to my children about their social networking profiles; what they can and cannot post, who they should allow as friends and how to behave appropriately in their online interactions.
11. I will learn about parental controls for filtering and blocking inappropriate Internet material from my children.
12. If my child continues to break our Internet rules after we have discussed them I will impose penalties for their actions including taking away his or her computer, cell phone or other devices until the behavior changes.

I, \_\_\_\_\_ agree to the above.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

I, \_\_\_\_\_ agree to the above.

\_\_\_\_\_  
Child's Signature

\_\_\_\_\_  
Date



## CHILDREN'S CONTRACT

1. I will tell my parents my usernames and passwords, but always keep them private from everyone else.
2. I will not share my personal information or my parents' or family's with anyone online. This includes: name, address, telephone number, age or school name. I will not post this information to my profiles even if I think only my friends will see it.
3. I will treat others the way I want to be treated online. I will be respectful and never pick fights or post mean or threatening words.
4. I will tell my parents about the people I meet online, even if they don't ask. I won't answer emails, IMs, messages or friend requests from people I don't know and my parents haven't approved.
5. If I see or read things that I think are bad, inappropriate or mean I will show my parents right away.
6. I will tell my parents if I receive pictures or links that I didn't ask for, or that contain inappropriate content, bad, hateful or mean language or anything I think might not be right.
7. I will not do anything a person online asks me to unless my parents say it's ok, especially things I know they wouldn't approve of.
8. I will not call, write to, or meet someone in person who I've met online unless my parents say ok and come with me.
9. I will talk with my parents or guardians about our rules for going online, including how long I can be online, what sites I can visit, and who I can communicate with while online.
10. I will help my parents learn more about the Internet and understand what I do and where I go online.
11. I know that sometimes my parents will supervise where I go online or use software to restrict some websites but I understand that they are doing this because they want to protect me online.
12. I know that if I break this contract or the Internet rules that my parents and I have discussed they can take away my access to the Internet including my computer and phone until my behavior changes.

I, \_\_\_\_\_ agree to the above.

\_\_\_\_\_  
Child's Signature

\_\_\_\_\_  
Date

I, \_\_\_\_\_ agree to the above.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

