



# HENDERSON HAPPENINGS



October 2020





## EVENTS

### Henderson Farmer's Market

Shop for fresh produce and more at the Farmer's Market. 10+ vendors will be on-site each week.

Location: HMGC-Pavilion parking lot

AGE	DAY	TIME	COST
All	Every Friday	9:00 am-2:00 pm	Free

### 3rd Annual Family

#### Glow-in-the-Dark Golf Night

The City of Henderson and Wildhorse Golf Club are teaming up to turn the driving range and putting green into a glow-in-the-dark golf adventure. Putt and drive in a fun environment that features disc golf and driving instructions. Clubs are provided although you can bring your own. A bucket of golf balls is \$3-\$5.

Location: Wildhorse Golf Club, 2100 W. Warm Springs Rd.

AGE	DAY	TIME	DATE	COST	CODE
All	F	6:00-9:00 pm	10/16	\$5.00	154285-00

### Zombie 5K Run

The walking dead return to Henderson for another feeding at Cornerstone Park. Participants are encouraged to come dressed in their favorite Halloween garb or as a member of the undead. Souvenir T-shirts and medals are guaranteed for the first 100 participants. All fitness levels are welcome. Packet pickup is Oct. 15 from 4:00-7:00 p.m. at Dignity Health St. Rose Dominican (102 E. Lake Mead Pkwy.) or at Cornerstone Park from 5:00-6:00 p.m. the day of the event (1600 Wigwam Pkwy.). Registration on the day of is cash only. For the health and safety of our participants, there will be waves of 25 participants each.

Location: Cornerstone Park

AGE	DAY	TIME	DATE	COST	CODE
5+	Sa	6:00-6:45 pm	10/17	\$25.00 (07/23-09/20)	154221-58
				\$35.00 (09/21-10/16)	
5+	Sa	7:00-7:45 pm	10/17	\$25.00 (07/23-09/20)	154221-59
				\$35.00 (09/21-10/16)	
5+	Sa	8:00-8:45 pm	10/17	\$25.00 (07/23-09/20)	154221-60
				\$35.00 (09/21-10/16)	

### Zombie 1-mile Fun Run/Walk

The walking dead return to Henderson to feed at Cornerstone Park. Participants are encouraged to come dressed in their favorite Halloween garb or as a member of the undead. Registered participants will receive a T-shirt (no medals for one-mile participants). Registration on the day of is cash only. For the health and safety of our participants, there will be waves of 25 participants each.

Location: Cornerstone Park

AGE	DAY	TIME	DATE	COST	CODE
5+	Sa	6:00-6:45 pm	10/17	\$15.00 (07/23-09/20)	154283-58
				\$20.00 (09/21-10/17)	
5+	Sa	7:00-7:45 pm	10/17	\$15.00 (07/23-09/20)	154283-59
				\$20.00 (09/21-10/17)	
5+	Sa	8:00-8:45 pm	10/17	\$15.00 (07/23-09/20)	154283-60
				\$20.00 (09/21-10/17)	

### Virtual Zombie 5K Run

Sign up for our virtual option and share your photos with us on our Facebook page. Choose your own time and place to complete this virtual 5K. Stay close to home or explore our trails in Henderson (while practicing social distancing) and discover the beauty of our desert. Shirts and medals for the first 100 virtual participants. Participants can pick up their Zombie Run 5K T-shirts and finisher medals at Downtown Recreation Center after Oct. 17. Please call 702-267-5707 if you have any questions.

AGE	DATE	COST	CODE
5+	10/15	\$20.00	154221-00

### Blood Donation

Only one in 20 people regularly gives blood. Donating is safe, simple and saves lives. If you are 17 or older, weigh at least 110 pounds, have not donated in the past 8 weeks (16 weeks for double red cell donors), are healthy, and not currently taking antibiotics, we welcome your blood donation. Register at [bloodhero.com](http://bloodhero.com) (use sponsor code BlackMtn) or call 877-827-4376.

Location: BMRC

AGE	DAY	TIME	DATE	COST
17+	Sa	10:00 am-1:00 pm	10/17	Free

### Ghost Hunting 101

Learn how to decipher false positives, basics of paranormal investigating, research basics, safety protocols, different spiritual hauntings, and the various types of equipment used. Then you'll be ready to use equipment to record evidence of a possible haunting. Materials and light snacks are provided. Feel free to bring dowsing rods and digital cameras to try and capture apparitions and orbs. This is not a Halloween funhouse. We are searching for authentic experiences. Additional \$5 if added to the bus tour.

Location: DRC

AGE	DAY	TIME	DATE	COST	CODE
16+	F	7:00-9:00 pm	10/23	\$20.00	154342-12
16+	F	7:00-9:00 pm	10/23	\$5.00 (add-on only)	154342-13

## PLASMA DRIVE

**THURSDAY, OCTOBER 1 • 10AM-2PM**

**DIGNITY HEALTH - ST. ROSE SIENA CAMPUS  
MACDONALD CONFERENCE ROOM  
3001 ST. ROSE PKWY.**

Plasma from people who have recovered from COVID-19 (Convalescent plasma) contains antibodies to the Sars-cov-2 coronavirus, which can be given to patients currently fighting COVID-19.

**TO SCHEDULE AN APPOINTMENT OR FOR MORE INFORMATION,  
PLEASE VISIT [VITALANT.ORG/COVIDFREE](http://VITALANT.ORG/COVIDFREE)  
USE SITE CODE STROSESIENA**



# EVENTS & WORKSHOPS

Black Mountain Recreation Center (BMRC) | Black Mountain Aquatic Complex (BMAC) | Downtown Recreation Center (DRC) | Downtown Senior Center (DSC) | Henderson Multigenerational Center (HMGC)  
 Henderson Multigenerational Indoor Pool (HMIP) | Henderson Multigenerational Activity Pool (HMAP) | Heritage Park Aquatic Complex (HPAC) | Heritage Park Senior Facility (HPSF) | Silver Springs Recreation Center (SSRC)  
 Valley View Recreation Center (VVR/C) | Whitney Ranch Activity Pool (WRAP) | Whitney Ranch Indoor Pool (WRIP) | Whitney Ranch Recreation Center (WRRC) | Henderson Events Plaza | Henderson Pavilion

## NEW! Haunted Bus Tour

Tour the most haunted sites in Henderson and Las Vegas with local paranormal specialist David Castle. Learn how to use paranormal investigative tools, and see, visit, and learn the history behind these haunted locations. Your guide will tell scary stories as you go, which highlight the strange phenomena that happens under the bright lights of the city, the restless spirits, and the strange mysteries. If you are a Vegas native or new to the area, this is your chance to find out if the stories are true. The tour visits different locations so be prepared to get on and off the bus. Light snacks will be provided. Bus picks up at DRC.

Location: DRC

AGE	DAY	TIME	DATE	COST	CODE
16+	F	6:00-8:00 pm	10/23	\$30.00	154402-52

## Pet Trick-or-Treat 1-Mile Walk

Show off your pet's Halloween costume at our second Trick-or-Treat 1-Mile Walk. Bring a trick-or-treat pail and walk your leashed pet along the Heritage Park Trail, stopping at our stations along the way to collect dog treats. Visit the agility dog park to see if your pet is interested in trying out some tricks. Prizes will be awarded for best costume and best human/pet costume combo during each session. Registration is per pet and includes treats and a special gift for your four-legged friend.

Location: Heritage Bark Park

### Dogs 25 lbs. & Under

AGE	DAY	TIME	DATE	COST	CODE
All	Sa	9:00-9:30 am	10/24	\$5.00	154350-58
All	Sa	10:00-10:30 am	10/24	\$5.00	154350-60

### Dogs 26 lbs. & Over

AGE	DAY	TIME	DATE	COST	CODE
All	Sa	11:00-11:30 am	10/24	\$5.00	154350-59
All	Sa	noon-12:30 pm	10/24	\$5.00	154350-61

## Spooky Birds

Dress in your Halloween costume and learn about spooky birds, make a craft, take a tour on the Bird Mobile, and trick or treat along our walking path. Watch out for things that go bump in the night.

Location: BVP

AGE	DAY	TIME	DATE	COST	CODE
4-10	M	5:30-7:00 pm	10/26	\$7.00	664046-00

## WORKSHOPS

## CERTIFICATIONS

### CPR, AED & First Aid

This combined CPR/AED and first aid class introduces lifesaving skills until emergency care arrives. Subjects include infant, child and adult CPR, cardiac and respiratory arrest, choke saving, bleeding control, trauma, poisoning, seizures, and treatment for shock. This two-year certification is accepted by CCSD Nevada adult care licensing and is approved for four credit hours by Nevada child care licensing. Nevada registry approved. Call 702-860-6949 for more information. Instructor: Forward Progress Achieved

Location: VVRC

AGE	DAY	TIME	DATE	COST	CODE
12+	Sa	9:30 am-1:00 pm	10/03	\$42.00	284009-63
12+	W	6:00-9:00 pm	10/07	\$42.00	284009-64
12+	Sa	9:30 am-1:00 pm	10/10	\$42.00	284009-65
12+	Sa	9:30 am-1:00 pm	10/17	\$42.00	284009-66
12+	Sa	9:30 am-1:00 pm	10/24	\$42.00	284009-67

## Community Lifesaver Classes:

### CPR & Emergency Bleeding Control

The Henderson Fire Department is offering a free class that provides skills to help save a life. Training includes hands-only CPR, emergency bleeding control, and use of the PulsePoint Responder app. Class does not provide certification. Minors 12-17 must be accompanied by an adult. Enroll at cityofhenderson.com/fire. Instructor: Tim Veit, Henderson Fire Department Community Engagement

Location: Henderson Fire Training Center, 401 Parkson Rd.

AGE	DAY	TIME	DATE	COST
12+	Sa	10:00 am-noon	10/10	Free
12+	Sa	1:00-3:00 pm	10/10	Free
12+	Sa	10:00 am-noon	10/24	Free
12+	Sa	1:00-3:00 pm	10/24	Free
12+	Sa	10:00 am-noon	11/07	Free
12+	Sa	1:00-3:00 pm	11/07	Free
12+	Sa	10:00 am-noon	11/21	Free
12+	Sa	1:00-3:00 pm	11/21	Free

## COMPUTERS & ENGINEERING

### Battle Bots

Build your own battle robot using RoboThink's exclusive STEM program, then battle your creation against other robots. Engineering concepts are presented through our trained instructors and lesson plans. \$40 for supplies is due at class. Instructor: RoboThink Clark County

AGE	DAY	TIME	DATE	COST	CODE
6-12	Sa	10:00 am-noon	10/10	\$15.00	164040-24

## COOKING

### NEW! Monster Cupcakes

Learn how to ice your cupcakes and decorate them as scary monsters using a pastry bag and tips. Prior to class, please stop by the front desk for a list of equipment you will need to bring. \$20 for food supplies is due at class.

Instructor: Linda Jones

Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
5+	Sa	12:30-2:30 pm	10/24	\$15.00	174272-26
5+	Th	5:30-7:30 pm	10/29	\$15.00	174272-27

### NEW! Day of the Dead Cookies

Celebrate the Day of the Dead with these yummy skull-shaped cookies decorated with traditional designs and/or your own imagination. Prior to this class please stop by the front desk for a list of equipment you will need to bring. \$25 for food supplies is due at class. Instructor Linda Jones

AGE	DAY	TIME	DATE	COST	CODE
5+	Th	5:30-7:30 pm	10/22	\$15.00	174299-24

## NEW! Ghost Cutup Cake

Cut, shape, ice and decorate your cake to create a happy or spooky Halloween ghost (your choice) using pastry bags and tips. Prior to class please stop by the front desk for a list of equipment you will need to bring. \$25 for food supplies is due at class. Instructor: Linda Jones

Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
10+	Sa	9:30-11:30 am	10/24	\$15.00	174301-24
10+	Sa	9:30-11:30 am	10/31	\$15.00	174301-25

### Basic Cake Decorating

In this hands-on workshop you will be taught how to level, tort, fill, and ice cakes. You'll be shown how to pipe basic decorations using a pastry bag. Prior to class please stop by the front desk for a list of equipment you will need to bring. \$25 for food supplies is due the first day.

Instructor: Linda Jones

Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
15+	Th	5:30-7:30 pm	10/15	\$15.00	174261-25
15+	Sa	12:30-2:30 pm	10/31	\$15.00	174261-26

### Basic Candy Making

Learn how to make molded and dipped candy. You will be given recipes for the fillings and samples to take home. Bring a note pad and pen or laptop to take notes. \$20 for food supplies is due the first day of class. Instructor: Linda Jones

AGE	DAY	TIME	DATE	COST	CODE
15+	Th	5:30-7:30 pm	10/08	\$15.00	174263-24
15+	Sa	9:30-11:30 am	10/17	\$15.00	174263-25
15+	Sa	12:30-2:30 pm	10/17	\$15.00	174263-26

### Gum Paste 101

Learn how to make basic flowers and decorations with gum paste, a sugar dough that hardens to a ceramic-like finish. It is most often used to decorate fondant-covered cakes but looks great on a smooth icing or even an unfrosted cake. Prior to class please stop by the front desk for a list of equipment you will need to bring. \$25 for food supplies is due at class.

Instructor: Linda Jones

Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
15+	Sa	9:30 am-12:30 pm	10/10	\$22.50	174271-24

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# WELCOME!

For your safety, and the safety of our employees:

**FACE COVERINGS ARE REQUIRED**



**PRACTICE SOCIAL DISTANCING**



Thanks for doing your part to help keep our city healthy and safe!



A Place To Call Home

#HendersonCares  
cityofhenderson.com



## How to Use Russian Tips

Learn how to make beautiful, flowered cupcakes like a pro. Russian tips are all the rage now and the commercials make it look so easy but there are a few tricks involved. Prior to this class please stop by the front desk for a list of equipment you will need to bring. \$20 for food supplies is due at class. Instructor: Linda Jones  
Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
15+	Th	5:30-7:30 pm	10/01	\$15.00	174297-24

## Introduction to Wired Flowers

You will learn how to make beautiful, realistic-looking flowers that will wow everyone. This is an advanced gum paste class and Gum Paste 101 is a pre-requisite. Prior to this class please stop by the front desk for a list of equipment you will need to bring. \$20 for food supplies is due at class. Instructor: Linda Jones  
Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
15+	Sa	9:30 am-12:30 pm	10/03	\$22.50	174298-24

## EDUCATION & PERSONAL DEVELOPMENT

### Financially Fit Fundamentals

Your child will learn about banking, currency and the importance of saving. Instructor: Jonaee Brown  
Location: VVRC

AGE	DAY	TIME	DATE	COST	CODE
10-18	Sa	11:00 am-1:30 pm	10/10	\$35.00	194323-48

### Women's Self-Defense

#### Focus Counter Violence

Are you concerned about the ever-increasing rate of the violence and crime? As a woman, do you feel like an easy target for violent criminals? Women are seven times more likely to be victims of violence than a male. Focus Counter Violence is more than your typical women's self-defense class. It is a comprehensive self-protection education and training program designed specifically for women. Learn how to recognize, avoid, and counter violence so you can protect what matters most. Instructor: Counter Violence Specialist Roy Porter, "The Fight Coach"  
Location: SSRC

AGE	DAY	TIME	DATE	COST	CODE
14+	Sa	10:00 am-2:00 pm	10/03	\$30.00	194332-12

### How Your Teenagers Are Using Their iPhone: Texting Tips & Tricks

The iPhone is a popular device, especially among teenagers. According to a recent report, around 82% of teenagers in the U.S. now use an iPhone. Parents today face many challenges staying abreast of their child's involvement in all things, but we've got some fun tips and tricks to show you how to do more with your texting communications. You'll learn eight ways to save time and better personalize your experience when communicating with your kids. Taught by Parks and Recreation Department staff.  
Location: SSRC

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	1:00-2:00 pm	10/03	Free	194307-12

## The Power of Positive Parenting

Improve your parenting skills and build a positive relationship with your children. In this Triple P Positive Parenting Program seminar, parents learn the principles of positive parenting and look at concrete examples of how these principles impact children's behavior. For more information, call 702-455-5295. Instructor: Clark County Department of Family Services  
Location: WRRRC

AGE	DAY	TIME	DATE	COST	CODE
18+	M	6:00-7:30 pm	10/05	Free	194291-36

## NEW! Raising Responsible Teenagers

Find out what makes teenagers tick! You'll come away with new ideas to encourage your teenager to make good decisions, be respectful, considerate, reliable and involved in family life. For more information, call 702-455-5295. Instructor: Clark County Department of Family Services  
Location: WRRRC

AGE	DAY	TIME	DATE	COST	CODE
18+	M	6:00-7:30 pm	10/12	Free	194350-36

## FITNESS

### Goat Yoga

Have a fun, enlightening experience with yoga, baby goats and Mother Nature. No matter your age or your yoga skill level, Goat Yoga Las Vegas is for you. Our friendly and certified instructors make sure that all of our guests feel comfortable and enjoy their goat yoga experience. More importantly, our baby goats make sure you leave with a smile from ear to ear. This class is held indoors unless the weather is just too nice, and class will be moved outdoors. Instructor: Petting Zoo 2 U  
Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
13+	Sa	11:30 am-12:45 pm	10/03	\$30.00	254533-25
13+	Sa	11:30 am-12:45 pm	10/17	\$30.00	254533-26

## HEALTH & WELLNESS

### Intro to Youth Healing Meditation

Learn how to explore emotions while having fun and being able to express and release emotions with gentle tones from healing singing bowls. Instructor: Michelle Eberhardt  
Location: VVRC

AGE	DAY	TIME	DATE	COST	CODE
6-17	T	7:00-7:30 pm	10/06	\$8.33	674136-49



## ACTING & DRAMA

### Madcap Theater Fun & Games

Students will learn theater techniques, traditions and conventions through games and lessons that enhance their performance skills as well as reinforce the importance of teamwork and individual creativity. This class gives a chance for kids to show off their talents as well as mold them for future greatness. Instructor: John Tomasello

AGE	DAY	TIME	DATE	COST	CODE
7-17	M	6:00-7:30 pm	10/05-10/26	\$45.00	244072-01

## DANCE & CHEER

### Hip-Hop

This class teaches the basics of hip-hop. Dancers will build strength and learn musicality and basic classroom etiquette while working on their swag. Instructor: Ignite Dance Center

#### Hip-Hoppin' Kids

AGE	DAY	TIME	DATE	COST	CODE
3-5	Th	5:30-6:15 pm	10/01-10/29	\$26.25	184308-01

#### Hip-Hop

AGE	DAY	TIME	DATE	COST	CODE
6-13	Th	6:30-7:30 pm	10/01-10/29	\$35.00	184069-01

### Skyhawks Tiny Cheer

Our engaging and interactive program offers children the chance to experience the thrill and excitement of cheerleading. Class starts with a full warmup and stretch, then leads into cheer motions, jumps and kicks. Learn cheers, simple tumbling in a noncompetitive and safe environment. The session concludes with a choreographed performance. Pompoms are provided. Instructor: Skyhawks Sports Academy of Henderson

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	9:15-10:00 am	10/03-10/31	\$26.25	184297-01

### Skyhawks Cheer

Skyhawks cheerleading teaches young athletes all the essential skills to lead the crowd and support the home team. We ensure that each child will learn cheers, proper hand and body movements and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as team building and leadership. Discover the skills needed to try out for cheer squads. The session concludes with a choreographed performance. Pompoms are provided. Instructor: Skyhawks Sports Academy of Henderson

#### Beginning

AGE	DAY	TIME	DATE	COST	CODE
6-12	Sa	10:00-11:00 am	10/03-10/31	\$35.00	184282-03

#### Intermediate

AGE	DAY	TIME	DATE	COST	CODE
12+	Sa	11:00 am-noon	10/03-10/31	\$35.00	184282-09

## EVENTS

For information on events, please visit the Events section in this issue of *Henderson Happenings*.

## FITNESS

### Yoga Basics

Yoga can bring the mind, body and spirit into greater harmony while increasing strength, flexibility, coordination, and concentration by incorporating breathing techniques and poses. All levels are welcome. Must provide own yoga mat and strap. Drop in \$8.75. Instructor: Nita Andrieu

AGE	DAY	TIME	DATE	COST	CODE
14+	Sa	9:15-10:15 am	10/03-10/31	\$28.75	254065-01

### High Fitness

This class transforms old-school aerobics into an addictive new experience that alternates between cardio peeks and toning tracks, using modern fitness techniques and popular music to take your fitness higher. Bring a towel and wear athletic shoes. All levels welcome. Drop in \$8.75. Instructor: Andrea Moore

AGE	DAY	TIME	DATE	COST	CODE
16+	M	7:00-8:00 pm	10/05-10/26	\$23.00	254564-03

### Commit to Be Fit

Get set for fitness and toning with weights, step bands and mat work. Various areas of the body are featured for a well-rounded experience. Bring a towel and wear athletic shoes. All levels welcome. Drop in \$8.75. Instructor: Linda Starcovic

AGE	DAY	TIME	DATE	COST	CODE
16+	Th	6:30-7:30 pm	10/01-10/29	\$28.75	254353-01

## MARTIAL ARTS

### Little Ninjas

Children develop skills such as memory, discipline, balance, focus, self-control, and teamwork. Through the teaching of kenpo karate, this class helps promote self-esteem, a positive attitude and courage. \$48.71 for a uniform is due to the instructor. Refunds will not be issued for uniforms after the first class.

Instructor: Academy of American Kenpo Karate

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	9:30-10:15 am	10/03-10/31	\$24.38	454007-01

### Kenpo Karate

Kenpo combines self-defense training and awareness of the vital areas of the human body. Increase your endurance, strength, muscle tone, and mental acuity. Develop self-esteem, a positive attitude and courage. \$48.71 for a uniform is due to the instructor. Refunds will not be issued for uniforms after the first class.

Instructor: Academy of American Kenpo Karate

AGE	DAY	TIME	DATE	COST	CODE
5-13	M, W	6:00-7:00 pm	10/05-10/28	\$52.00	454021-01

### Tai Chi Yang Style

This graceful Chinese martial art taught in the yang style helps promote health and well-being. It is a meditation in relaxation movements with breath to improve balance and provide us with inner peace. It is a wonderful exercise for the body, mind, and spirit. This class offers form 10, 14, 24, 48, 64, 88 fans and sword. Drop in \$9.75.

Instructor: Lita Chen

AGE	DAY	TIME	DATE	COST	CODE
18+	M, W	6:30-7:30 pm	10/05-10/28	\$52.00	454062-01

## MUSIC

### Guitar: Private Lessons

Lessons focus on familiarization with the notes on the guitar, chording, rhythm, strumming, and fingerpicking styles. Classes are held in half-hour sessions. Choose your lesson time when you register. Instructor: PSA Productions

AGE	DAY	TIME	DATE	COST	CODE
6+	M	5:00-8:00 pm	10/05-10/26	\$56.00	474107



## EVENTS

For information on events, please visit the Events section in this issue of *Henderson Happenings*.

## FACILITY RENTALS

### Private Reservations

If you're interested in renting our gym or game room for a birthday party or basketball or volleyball practice/game/tournament, call 702-267-4040 for information. Public reservations may be made 48 hours in advance (not accepted for Sundays and holidays). For more information, please visit cityofhenderson.com and search "rental information."

## FITNESS

### Simply Yoga

Yoga is a practical approach to healthy living. This class offers a well-rounded mind-body workout using breath and movement and is ideal for students of all skill levels. Learn a variety of classic postures that build flexibility, strength and balance. A yoga mat and towels are suggested. Drop in \$6.50. Instructor: Tammy Wadsworth

AGE	DAY	TIME	DATE	COST	CODE
18+	M	noon-12:45 pm	10/05-10/26	\$17.25	254090-58
18+	T	noon-12:45 pm	10/06-10/27	\$17.25	254090-59
18+	W	noon-12:45 pm	10/07-10/28	\$17.25	254090-60
18+	Th	noon-12:45 pm	10/01-10/29	\$21.56	254090-61
18+	F	noon-12:45 pm	10/02-10/23	\$17.25	254090-62

## MUSIC

### Private Guitar

Lessons focus on familiarization with the notes on the guitar, chording, rhythm, strumming, and finger-picking styles. Bring a small amp for electric instruments. Private lessons are held in half-hour sessions. Choose your lesson time when you register. Instructor: Eugene Shapiro

AGE	DAY	TIME	DATE	COST	CODE
8+	Th	4:00-8:00 pm	10/01-10/29	\$70.00	474124

## SPORTS

### Starting New at Golf

SNAG is a creative program geared for teaching those who are new to golf. All equipment is provided.

AGE	DAY	TIME	DATE	COST	CODE
5-8	Sa	9:00-11:00 am	10/03-10/17	\$63.00	624223-55
9-12	Sa	noon-2:00 pm	10/03-10/17	\$63.00	624223-56



# GLOBAL EYES OF HOPE

## October 2020

More than 2 billion people globally need glasses but lack access due to income, distance or disaster. Seeing clearly provide the opportunity for adults and children to succeed at school or work, and care for their families.

**Donate your gently used glasses including:**

**PRESCRIPTION GLASSES  
READERS | SUNGLASSES**

Drop your glasses off during the month of October at Downtown Recreation Center, 105 W. Basic Rd.

**See what's possible!**



# HENDERSON MULTIGENERATIONAL CENTER

## BEAM Click Birthday Bashes

BEAM is a virtual playground that projects games onto the floor, turning the space into a giant gaming area. With 30 games and two systems there is something for everyone. Your Birthday Bash will include a 2½-hour room rental: 30 minutes for setup, 1 hour with a room host to operate the gaming system, and the last hour for party time and cleanup. Your Birthday Bash also includes tables and chairs for 40 guests. Shoes must remain on at all times during game play. Birthday Bashes cost \$200 and must be reserved by calling the rental coordinator at 702-267-5800.

## ARTS & CRAFTS

### Pottery: Intermediate Wheel Throwing & Open Studio

This class is designed for people who can comfortably center and throw four pounds of clay independently and create pieces of their choice. Bring your own ideas to class, or work on bowls, vases, plates and cups. The instructor will not be able to touch your work while on the wheel but can provide verbal guidance. This class includes 20-30 pounds of low-fire clay, bisque and glaze firings. Bring a towel and an apron. \$15 for supplies is due the first day. Instructor: Yasmine Redding

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	10:00 am-12:30 pm	10/03-10/31	\$90.63	264292-25

## DANCE & CHEER

### Lyrical Ballet

Dancers focus on proper ballet technique, terminology and steps. A new lyrical ballet routine is taught each session. Instructor: Kerry Ligon

AGE	DAY	TIME	DATE	COST	CODE
6-10	W	5:30-6:30 pm	10/07-10/28	\$28.00	184266-29

### Jazz & Hip-Hop

Explore fundamental jazz steps and technique with elements of hip-hop moves to contemporary and popular music. Stretching and conditioning are also emphasized. An optional dance showcase does not affect class schedules. See the instructor for costume information and costs. Instructor: Kerry Ligon

AGE	DAY	TIME	DATE	COST	CODE
5-7	Sa	10:00-11:00 am	10/03-10/31	\$35.00	184072-26
5-7	T	5:30-6:30 pm	10/06-10/27	\$28.00	184072-27
8-10	Sa	11:00 am-noon	10/03-10/31	\$35.00	184072-34
8-10	T	6:30-7:30 pm	10/06-10/27	\$28.00	184072-35
11-17	Th	6:30-7:30 pm	10/01-10/29	\$35.00	184072-94
11-17	Sa	1:00-2:00 pm	10/03-10/31	\$35.00	184072-95

### Contemporary Dance

The class, which combines ballet, modern and jazz, consists of a ballet warmup and a contemporary routine. All styles of music can be used. Instructor: Kerry Ligon

AGE	DAY	TIME	DATE	COST	CODE
11-18	Th	5:30-6:30 pm	10/01-10/29	\$35.00	184155-25

### Ballet to Pop Music

Ballet to Pop features pop music with a lyrical combination. Discover how pop and ballet go perfectly together. An optional dance showcase does not affect class schedules. See the instructor for costume information and costs. Instructor: Kerry Ligon

AGE	DAY	TIME	DATE	COST	CODE
11-17	Sa	noon-1:00 pm	10/03-10/31	\$35.00	184078-25

### Broadway Bound

You may not be on Broadway yet, but you'll feel like you are in this class. Learn different styles and techniques of dance that you'd expect to see in a Broadway musical. An optional dance showcase does not affect class schedules. See the instructor for costume information and costs. Instructor: Kerry Ligon

AGE	DAY	TIME	DATE	COST	CODE
11-17	Sa	2:00-3:00 pm	10/03-10/31	\$35.00	184079-25

### Line Dancing

Line dancing involves dancing to choreographed moves in a line formation and is one of the most sociable dances. This class introduces basic step combinations. It is an energetic alternative to couples dancing. Instructor: Laura Alberico

#### Level 3 Improver

AGE	DAY	TIME	DATE	COST	CODE
35+	Sa	9:30-10:30 am	10/03-10/31	\$35.00	184226-26

#### Level 4 Intermediate

Must complete novice-level class prior to attending or have instructor approval.

AGE	DAY	TIME	DATE	COST	CODE
35+	Sa	10:30-11:30 am	10/03-10/31	\$35.00	184292-27

## EDUCATION & PERSONAL DEVELOPMENT

### Math Bingo Plus

Participants practice mental math skills while playing bingo in a relaxed environment. Questions are tailored to each child based on age, ability, and area of skill development. Operations include addition, subtraction, multiplication, and mixed operations. Drop in \$11.25. Instructor: Lisa Schwindt

AGE	DAY	TIME	DATE	COST	CODE
5-12	Sa	10:30-11:30 am	10/03-10/31	\$37.50	194278-25

### Phonics Bingo

Students develop vocabulary skills through phonics skills reinforcement. They'll focus on two or three phonics families each week and create a vocabulary list of words from those families and play bingo with those words. Participants must be enrolled in grades 1-3. Instructor: Lisa Schwindt

AGE	DAY	TIME	DATE	COST	CODE
6-9	M	6:00-7:00 pm	10/05-10/26	\$30.00	194299-25

### Middle School Math Fun

Students have the opportunity to practice math skills through exploration and games in a relaxed, social environment. Instructor: Lisa Schwindt

AGE	DAY	TIME	DATE	COST	CODE
11-14	Th	6:00-7:00 pm	10/01-10/29	\$37.50	194222-25

### Understanding the Common Core for Parents

Parents will increase their understanding of the Common Core and learning through inquiry. Parents/guardians will partake in tasks that will develop their inquiry and critical learning skills as well as expose them to multiple strategies of learning a concept, similar to what takes place in many classrooms across the District. The focus will be on elementary math, but the instructor will address individual questions related to other disciplines as needed. The instructor is a former CCSD and IB inquiry teacher. Instructor: Lisa Schwindt

AGE	DAY	TIME	DATE	COST	CODE
18+	M	7:00-8:00 pm	10/05-10/26	\$30.00	194296-25

# NO SHIRT. NO SHOES. NO MASK. NO SERVICE.



## EVENTS

For information on events, please visit the Events pages of this issue of *Henderson Happenings*.

## FITNESS

### Zumba 4 Kids

It's dance. It's fitness. It's a form of Zumba designed just for kids. They learn easy dance steps to create routines and combinations. Drop in \$4.50. Instructor: Linda Starcovic

AGE	DAY	TIME	DATE	COST	CODE
3-12	T	5:30-6:00 pm	10/06-10/27	\$11.50	254418-25

### Rock Wall

Learn something new and enjoy a great workout. Topics include rock climbing knots and techniques, strength building, games, and races. A parent/guardian must be present for participants under 12. Closed-toe and -heel footwear is required. Harnesses and helmets are provided. Patrons must weigh between 48 and 300 lbs. For open rock wall climbing or party rentals, visit cityofhenderson.com and search "recreation center features."

#### Basic

AGE	DAY	TIME	DATE	COST	CODE
8-12	F	4:00-5:30 pm	10/02-10/23	\$49.50	254376-26
8-12	M	4:00-5:30 pm	10/05-10/26	\$49.50	254376-27

#### Intermediate

Additional topics include belaying for others.

AGE	DAY	TIME	DATE	COST	CODE
10+	W	4:00-5:30 pm	10/07-10/28	\$49.50	254387-25

### Zumba

You don't need to be a dancer to move to your own groove in this high-energy class. Your heart rate stays up as you dance to music ranging from Latin rhythms to Top 40. Class includes a warmup and cool down. Wear comfortable shoes. Drop in \$8.75. Instructor: Linda Starcovic

AGE	DAY	TIME	DATE	COST	CODE
13+	M	6:00-7:00 pm	10/05-10/26	\$23.00	254222-25

### Full-Body Power Pilates Beginning & Intermediate

This high-energy class uses resistance bands for lengthening and weights for strengthening while doing mat Pilates. This total body workout will target every muscle group for a stronger, leaner and more toned you. This class provides exceptional core work for new moms. Weights and resistance bands provided. You must provide your own yoga mat. Drop in \$8.75. Instructor: Janice Stoffel

AGE	DAY	TIME	DATE	COST	CODE
16+	T,Th	5:45-6:45 pm	10/01-10/29	\$51.75	254445-27

### Empower Pilates

We focus on precision toning and sculpting for a total body workout on the mat that includes moves for all skill levels. Target specific areas using weights, resistance bands and ballet barre. This class provides exceptional core work for new moms. Weights and resistance bands are provided. You must provide your own yoga mat. Drop in \$8.75. Instructor: Janice Stoffel

AGE	DAY	TIME	DATE	COST	CODE
16+	W	5:45-6:45 pm	10/07-10/28	\$23.00	254540-25

### Yoga

Yoga is a mind-body practice designed to increase your flexibility, strength, balance, vitality, and overall well-being. This program nurtures beginners and seasoned students seeking to develop a better understanding of the principles of hatha yoga and builds a strong foundation for their personal practice. You must provide your own yoga mat. Drop in \$8.75. Instructor: Nita Andrieu

AGE	DAY	TIME	DATE	COST	CODE
16+	M	6:00-7:00 pm	10/05-10/26	\$23.00	254064-25
16+	W	6:00-7:00 pm	10/07-10/28	\$23.00	254064-29

### Gentle Yoga

This is a form of floor yoga designed for beginners and people who like a slow-paced practice. The class is comprised of breathing, warmups and deep stretching on the floor with instructional modification. It is ideal for those with knee and shoulder issues, back problems and those recovering from injuries. You must provide your own yoga mat, towel, strap, yoga block, and resistance bands. Drop in \$11. Instructor: Nav Dhillon

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	11:00 am-noon	10/03-10/31	\$28.75	254330-26

## GYMNASTICS & TUMBLING

### Gymcats

These structured classes include basic gymnastics skills that help to further develop balance, flexibility, strength, and coordination while improving listening skills.

AGE	DAY	TIME	DATE	COST	CODE
4.5-5	T	5:30-6:00 pm	10/06-10/27	\$15.00	614015-31
4.5-5	W	5:30-6:00 pm	10/07-10/28	\$15.00	614015-33

AGE	DAY	TIME	DATE	COST	CODE
6-15	T	6:15-6:45 pm	10/06-10/27	\$15.00	614001-29
6-15	W	6:15-6:45 pm	10/07-10/28	\$15.00	614001-30

AGE	DAY	TIME	DATE	COST	CODE
6-15	T	7:00-7:30 pm	10/06-10/27	\$15.00	614007-26
6-15	W	7:00-7:30 pm	10/07-10/28	\$15.00	614007-27

## LANGUAGE ARTS

### Conversational Spanish

Conversational Spanish is for anyone who would like to communicate with Spanish-speaking friends, employees, staff, or customers. The class can give you confidence on your next vacation or business trip to a Spanish-speaking country. Taught in a conversational and engaging manner, it will help you speak Spanish, not just learn about it. Students under the age of 16 must be accompanied by a parent/guardian who also is enrolled in the class. Instructor: Patricia Arroyo

AGE	DAY	TIME	DATE	COST	CODE
14+	T	6:30-8:00 pm	10/06-10/27	\$45.00	444064-25

AGE	DAY	TIME	DATE	COST	CODE
14+	W	6:30-8:00 pm	10/07-10/28	\$45.00	444065-25

## MARTIAL ARTS

### Little Ninjas

Children develop skills such as memory, discipline, balance, focus, self-control, and teamwork. Through the teaching of kenpo karate, this class helps develop self-esteem, a positive attitude and courage. \$46.70 for a uniform is due to the instructor. Refunds will not be issued for uniforms after the first class. Instructor: Academy of American Kenpo Karate

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	10:30-11:15 am	10/03-10/31	\$24.38	454007-26

### Kenpo Karate

Kenpo combines self-defense training and awareness of the vital areas of the human body. Increase your endurance, strength, muscle tone, and mental acuity. Develop self-esteem, a positive attitude and courage. \$46.70 for a uniform is due to the instructor. Refunds will not be issued for uniforms after the first class. Instructor: Academy of American Kenpo Karate

AGE	DAY	TIME	DATE	COST	CODE
5-12	Sa	9:30-10:15 am	10/03-10/31	\$24.38	454021-28
5-12	Sa	11:30 am-12:15 pm	10/03-10/31	\$24.38	454021-30
5-12	Sa	12:30-1:15 pm	10/03-10/31	\$24.38	454021-31

### Capoeira

This Afro-Brazilian martial art combines elements of kicks, escapes, flourishing movements/acrobatics, and sequences. The student will also learn the other aspects of capoeira such as history, music, language, and craft. Additional cost may apply for uniforms, corda/belts, music equipment and rank advancement. Children under 6 yrs. can attend with instructor approval. Drop in \$7.50 for 45-minute class; \$9.75 for 60-minute class; \$14.75 for 90-minute class. Instructor: Tim Weigel

AGE	DAY	TIME	DATE	COST	CODE
6-12	Sa	noon-1:00 pm	10/03-10/31	\$32.50	454068-26
6-12	M	6:00-6:45 pm	10/05-10/26	\$19.50	454068-27
13+	Sa	1:00-2:30 pm	10/03-10/31	\$48.75	454068-34
13+	M	6:45-7:45 pm	10/05-10/26	\$26.00	454068-35

### Tai Chi

Through gentle but strength-oriented movements, tai chi taught in the original style helps to improve coordination, flexibility, agility, and core strength plus develop internal energy (chi) for self-healing. It is ideal for relieving stress and reducing anxiety and can serve as a preventive measure for disease and ailments. Drop in \$14.75. Instructor: Edward T. Hu

#### Beginner

This class offers forms 1-12.

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	11:00 am-12:30 pm	10/03-10/31	\$48.75	454054-26
18+	T	5:00-6:30 pm	10/06-10/27	\$39.00	454054-27

#### Intermediate/Advanced

This class offers forms 13-34 (intermediate) and 35-108 (advanced).

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	12:45-2:00 pm	10/03-10/31	\$40.63	454055-26
18+	T	6:30-8:00 pm	10/06-10/27	\$39.00	454055-27

## MUSIC

### Guitar

Lessons focus on familiarization with the notes on the guitar, chording, rhythm, strumming, and finger-picking styles. Bring a small amp for electric instruments. Private lessons are held in half-hour sessions. Choose your lesson day and time when you register for private lessons available for guitar and ukulele. Instructor: PSA Productions

#### Private

AGE	DAY	TIME	DATE	COST	CODE
6+	Th	5:00-8:00 pm	10/01-10/29	\$70.00	474105
6+	Sa	9:15 am-2:45 pm	10/03-10/31	\$70.00	474105
6+	W	5:00-8:00 pm	10/07-10/28	\$56.00	474105

#### Group Level 1

AGE	DAY	TIME	DATE	COST	CODE
8+	T	6:00-7:00 pm	10/06-10/27	\$34.00	474005-25

#### Group Level 2

AGE	DAY	TIME	DATE	COST	CODE
8+	T	7:00-8:00 pm	10/06-10/27	\$34.00	474005-28

#### Group Level 3

AGE	DAY	TIME	DATE	COST	CODE
8+	T	5:00-6:00 pm	10/06-10/27	\$34.00	474005-31

### Private Piano

Build your appreciation for the piano by learning how to read music, play simple songs and practice proper piano etiquette. Classes are held in half-hour sessions. You'll be able to choose your lesson day and time when you register. Instructor: PSA Productions

AGE	DAY	TIME	DATE	COST	CODE
8+	T	5:00-8:00 pm	10/06-10/27	\$56.00	474106
8+	W	5:00-8:00 pm	10/07-10/28	\$56.00	474106



# ELECTION WORKERS NEEDED

THE CLARK COUNTY ELECTION DEPARTMENT NEEDS VOLUNTEERS TO WORK AT THE POLLS ON ELECTION DAY AND/OR DURING EARLY VOTING.

PAY  
ELECTION DAY: \$250 • EARLY VOTING: \$14/HOUR  
(HOURS AND DAYS VARY)

VISIT  
[CLARKCOUNTYNV.GOV/VOTE](http://CLARKCOUNTYNV.GOV/VOTE)  
FOR MORE INFORMATION AND TO REGISTER.





## DANCE

### Line Dancing

Line dancing involves dancing to choreographed in a line formation and is one of the most sociable dances. This class introduces basic step combinations. It's an energetic alternative to couples dancing: Laura Alberico

AGE	DAY	TIME	DATE	COST	CODE
35+	Sa	1:30-2:30 pm	10/03-10/31	\$35.00	184226-13

## FITNESS

### Morning Gentle Slow Flow

This class is a slower-paced gentle flow that explores the basic of alignment and breath. Linking breath with movement, the class will help you practice into and out of poses. Suitable for those new to yoga and great for all levels who want to keep healthy and well-balanced yoga practice. A sticky mat, towel and strap are recommended.

Drop in \$8.75. Instructor: Michele Cloherty

AGE	DAY	TIME	DATE	COST	CODE
13+	Sa	9:45-10:45 am	10/03-10/31	\$28.75	254566-13

### Private Reformer Pilates

This highly popular piece of equipment is tailored to your body's level and desired focus. The Reformer works to strengthen and correct posture of the legs and glutes and helps to realign the torso and increase strength in the upper body among many other benefits. It produces visible results within a dozen regular sessions helping to achieve toned arms and legs and defining firmer abdominal muscles. The Reformer is large enough to accommodate a full-range of motion and provides resistance, which is wonderful for increasing flexibility while building strength. The instructor will contact you to schedule days and times. You must be at least 12 years of age, if under 16 must be accompanied by a parent or guardian. Cost is \$40 per hour. Instructor: Helene Silverstein

#### Semi-Private Reformer Pilates

Condition your "core" and more. Improve your flexibility and alignment and get energized with this amazing mind/body workout. Get personalized attention. Class size is limited to 2-4 participants at your same skill level, including beginners. Cost is \$32 per hour per person.

#### Reformer Express

This private class can be done alone or added on to one of our small group classes. Cost is \$20 per half hour.

### Relaxation Yoga

This program focuses on slow, deep stretches, some with the use of props to maximize the body's potential for relaxation. Those with injuries will discover that yoga can reduce body aches. A sticky mat is required. A towel and strap are recommended. Drop in \$8.75.

Instructor: Kathy Heaney

AGE	DAY	TIME	DATE	COST	CODE
13+	T, Th	6:45-7:45 pm	10/01-10/29	\$51.75	254043-13

### Peloton Bikes

Reserve one of our two Peloton bikes and get more out of your time with this amazing interactive fitness experience. Download the Peloton app to your smartphone to track your personal fitness progress. Choose from hundreds of online classes offered each day on your own schedule. Never wait for an open spin class again. Price includes up to one hour for each appointment.

AGE	DAY	TIME	DATE	COST
16+	M-Th	6:00 am-7:15 pm	10/01-10/29	\$10.00/hour
16+	F	6:00 am-5:15 pm	10/02-10/23	\$10.00/hour
16+	Sa	9:00 am-2:15 pm	10/08-10/31	\$10.00/hour

### POUND-Rockout. Workout

This Rockstar-infused fitness program incorporates cardio, strength training, and Pilates while drumming to achieve a great full-body workout. Channel your inner drummer and plan to burn some calories. Drop in \$6.50. Instructor: Robin Bell

AGE	DAY	TIME	DATE	COST	CODE
16+	M, W	6:15-7:00 pm	10/05-10/28	\$34.50	254491-13

### Super Abs

Do you need just a little more to enhance your workout? This class focuses on strengthening your abs, core, obliques, and lower back. All fitness levels are welcome. Drop in \$4.50.

Instructor: Robin Bell

AGE	DAY	TIME	DATE	COST	CODE
16+	M, W	5:30-6:00 pm	10/05-10/28	\$23.00	254394-13

### TRX Training

TRX Training is a best-in-class workout that leverages gravity and your bodyweight to perform hundreds of exercises. By using your own bodyweight or a rip-core trainer, you can develop your strength, balance flexibility, and core stability simultaneously. You're in control of how much you want to challenge yourself on each exercise, because you can simply adjust your body position to add or decrease resistance. TRX Training is great for anyone from beginners to athletes. Instructor: Robin Bell

#### Private

\$31 per hour. Instructor will contact you to schedule days and times.

#### Semi-Private

\$25 per hour. Instructor will contact you to schedule days and times.

#### Group

Drop in \$8.75

AGE	DAY	TIME	DATE	COST	CODE
18+	T, Th	6:00-7:00 pm	10/01-10/29	\$51.75	254384-13

## MARTIAL ARTS

### Kickboxing

Learn basic kickboxing skills as well as focus, self-control, discipline, and confidence. Wear comfortable clothes; 12-oz. boxing gloves and 180" hand wraps required and available from the instructor at an additional cost. Instructor: Frank Zavala

AGE	DAY	TIME	DATE	COST	CODE
7-17	W, Th	4:00-5:00 pm	10/01-10/29	\$58.50	454050-13

### Mixed Martial Arts (MMA)

This unique MMA class is a fun, safe, energetic and non-competitive martial arts and self-defense class. This high-pace class will get your sweat on and increase your fitness level while you learn modern MMA concepts and reality-based self-defense strategies. Drop in \$9.75 for 1-hour class, \$7.50 for 45-minute class. Instructor: Roy Porter, "The Fight Coach"

AGE	DAY	TIME	DATE	COST	CODE
8-13	M, W	5:30-6:15 pm	10/05-10/28	\$39.00	454076-13
14+	M, W	6:30-7:30 pm	10/05-10/28	\$52.00	454076-17

### Tai Chi Yang Style

Tai chi is a graceful Chinese martial art taught in the yang style, which helps promote health and well-being. It uses meditation and relaxing movements in conjunction with breathing to improve balance while providing the student with inner peace. Tai chi is a wonderful exercise for the body, mind, and spirit. This class is great for all fitness levels and is wonderful for stress relief. Instructor: Lita Chen

#### Beginning

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	11:15 am-12:15 pm	10/03-10/31	\$32.50	454062-14

#### Advanced

AGE	DAY	TIME	DATE	COST	CODE
18+	Sa	9:30-11:00 am	10/03-10/31	\$48.75	454063-13



**EARLY CHILDHOOD DEVELOPMENT**

**Arts & Crafts**

**Finger-Painting Creations**

Children will be able to be creative using only their fingers and hands to paint. Some of the creations will be guided and some will be free thinking by the children. A parent/guardian must accompany child during class.

AGE	DAY	TIME	DATE	COST	CODE
2-4	Sa	9:15-10:00 am	10/03-10/31	\$13.13	354574-50
2-4	Sa	2:00-2:45 pm	10/03-10/31	\$13.13	354574-51

**Story & Art**

Each week children will be able to listen to a story and create a craft that coordinates with the story. A parent/guardian must accompany child during class.

AGE	DAY	TIME	DATE	COST	CODE
2-4	Sa	11:15 am-noon	10/03-10/31	\$13.13	354572-49

**Mini Picassos**

Each week children will create paintings using different types of tools. Tools may include paint brushes, sponges, balloons, and cookie cutters. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	1:00-1:45 pm	10/03-10/31	\$13.13	354569-49

**School Prep**

**Intro to Preschool**

Introduce your future preschooler to social and intellectual skills, the ABCs and 1-2-3s. This class will help develop a range of skills that can help them get ready to learn when they start school. A parent/guardian must accompany child during class.

AGE	DAY	TIME	DATE	COST	CODE
2-4	Sa	9:15-10:00 am	10/03-10/31	\$13.13	354539-49

**Mini Mathematicians**

Preschoolers have the opportunity to learn about basic addition and subtraction, patterns, sorting, and counting skills through various math games and activities. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	11:15-12:00 pm	10/03-10/31	\$13.13	354571-49

**Theater Time**

Children will have the opportunity to participate in theater games, acting, singing, and dancing to help build confidence in front of their peers. Children must be able to separate from parent easily. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	12:00-12:45 pm	10/03-10/31	\$13.13	354573-49

**Space Explorers**

Each week, students will learn about different space themes such as stars, constellations and planets through stories, arts and crafts, and science experiments. Children must be able to separate from parent easily. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	12:00-12:45 pm	10/03-10/31	\$13.13	354101-49

**Tiny Tot Ninja Warrior**

Children participate in a new obstacle course each week. Children must be able to separate from parent easily. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	2:00-2:45 pm	10/03-10/31	\$13.13	354563-49

**Mad Scientists**

Each week children will be able to participate in hands on science experiments. Children will learn the steps of the scientific method while conducting the experiments. Dress for a mess. Child must be able to separate from parent easily. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	10:15-11:00 am	10/03-10/31	\$13.13	354570-49

**Music**

**Tiny Musicians**

Each week, children will make their own musical instrument. Instruments may include rain sticks, tambourines, maracas, drums, etc. Students will engage in social and creative learning. Child must be able to separate from parent easily. A parent/guardian must remain on the property.

AGE	DAY	TIME	DATE	COST	CODE
3-5	Sa	10:15-11:00 am	10/03-10/31	\$13.13	354577-50
3-5	Sa	1:00-1:45 pm	10/03-10/31	\$13.13	354577-51

**ZOMBIE RUN**  
Virtual 5K  
**OCTOBER 17**  
Cornerstone Park

All participants receive a T-shirt and medal.

**See page 2 for more information.**

**EVENTS**

For information on events, please visit the Events pages of this issue of *Henderson Happenings*.

**FITNESS**

**Jump Rope**

Learn the basic skills and joys of jumping. Participants will learn group participation, good sportsmanship and how to set and achieve goals. Instructor: Debra Stefan

AGE	DAY	TIME	DATE	COST	CODE
5-12	Sa	10:00-11:00 am	10/03-10/31	\$28.75	254551-49

**HEALTH & WELLNESS**

**Youth Healing Meditation**

Learn how to explore emotions while having fun and being able to express and release emotions with gentle tones from healing singing bowls. Drop in \$12.50 Instructor: Michelle Eberhardt

AGE	DAY	TIME	DATE	COST	CODE
6-17	T	7:00-7:30 pm	10/06-10/27	\$33.32	674133-49

**Healing Meditation**

Release stress, tension and worry during a guided meditation with chakra balancing that promotes an overall sense of well-being. Enjoy the benefits of energy healing using soft, gentle tones from Tibetan singing bowls. Drop in \$12.50. Instructor: Michelle Eberhardt

AGE	DAY	TIME	DATE	COST	CODE
18+	T	7:30-8:00 pm	10/06-10/27	\$33.32	674140-49

**LANGUAGE ARTS**

**Learn the Japanese Language**

Students will learn two basic Japanese writing systems, hiragana and katakana, and how to pronounce Japanese vowels. They will have the opportunity to practice speaking the language with one another. Instructor: Royce Sagucio

AGE	DAY	TIME	DATE	COST	CODE
12+	Th	6:30-7:00 pm	10/01-10/29	\$56.25	444066-63
12+	M	6:30-7:00 pm	10/05-10/26	\$45.00	444066-64
12+	T	6:30-7:00 pm	10/06-10/27	\$45.00	444066-65
12+	W	6:30-7:00 pm	10/07-10/28	\$45.00	444066-66

**MUSIC**

**Private Piano, Keyboard, Accordion & Beginning Band Instruments**

Learn how to read music, play simple songs and practice proper etiquette. The instructor also teaches brass and woodwind instruments. Instruments are not provided. Classes are held in half-hour sessions. Choose your lesson time when you register. Instructor: David Goldstein

AGE	DAY	TIME	DATE	COST	CODE
6+	Sa	noon-3:00 pm	10/03-10/31	\$70.00	474109

**Private Guitar**

Lessons focus on familiarization with the notes on the guitar, chording, rhythm, strumming, and finger-picking styles. Bring a small amp for electric instruments. Private lessons are held in half-hour sessions. Choose your lesson day and time when you register for private lessons. Instructor: Eugene Shapiro

AGE	DAY	TIME	DATE	COST	CODE
6+	M	6:00-8:00 pm	10/05-10/26	\$56.00	474014



## Battle Born Kids & Teens

### 7am-6pm • Monday-Friday

**Battle Born Kids • ages 5-12 | Battle Born Teens • ages 10-14**

Battle Born Kids and Teens are recreation programs that support distance learning. Participants are assigned to groups that will ensure social distancing is maintained throughout the activities.

\$20 per child, per day. All registration is subject to space availability. Visit [cityofhenderson.com/battleborn](http://cityofhenderson.com/battleborn) for more information.

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Activities may include games, crafts, physical fitness, music, virtual field trips, movies and sports. Water-related activities may take place outside. Swimming pools may be used. All activities will follow social distancing guidelines.

**Lunch and a snack will be provided.**  
Please provide a healthy lunch, snack and water bottle for your child every day if they decide not to eat what is provided.

**Black Mountain Recreation Center**  
599 Greenway Rd. | 702-267-4070  
[BMRCBBK@cityofhenderson.com](mailto:BMRCBBK@cityofhenderson.com)

**Valley View Recreation Center**  
500 Harris St. | 702-267-4060  
[VVRCCBBK@cityofhenderson.com](mailto:VVRCCBBK@cityofhenderson.com)

**Henderson Multigenerational Center**  
250 S. Green Valley Pkwy. | 702-267-5800  
[HMGCBBK@cityofhenderson.com](mailto:HMGCBBK@cityofhenderson.com)

**Whitney Ranch Recreation Center**  
1575 Galleria Dr. | 702-267-5850  
[WRRCCBBK@cityofhenderson.com](mailto:WRRCCBBK@cityofhenderson.com)

**Silver Springs Recreation Center**  
1951 Silver Springs Pkwy. | 702-267-5720  
[SSRCBBK@cityofhenderson.com](mailto:SSRCBBK@cityofhenderson.com)



[cityofhenderson.com/battleborn](http://cityofhenderson.com/battleborn)



## CANINE

Bring proof of shots the first day for all classes.

### AKC Canine Good Citizen

This class is designed to take your skills to the next level while focusing on all 10 points of the Canine Good Citizen test. Our focus for this class is to work on distraction proofing, down, stay, walking nicely on a leash, greeting people nicely, accepting friendly strangers, and so much more. Instructor: Michael's Angel Paws

AGE	DAY	TIME	DATE	COST	CODE
10+	Th	7:00-8:00 pm	10/01-10/29	\$40.00	654001-36

### Advanced Obedience

Taking your foundation to the next level. Our goal for this class is work on place, heel, left turns, distance with commands, and stay while minimizing the use of treats for each cue. Instructor: Michael's Angel Paws

AGE	DAY	TIME	DATE	COST	CODE
10+	W	6:00-7:00 pm	10/07-10/28	\$32.00	654033-37

### NEW! AKC Urban

AKC Urban Canine Good Citizen is all about learning and teaching your pup to be well behaved in public settings. You will work on all 10 steps of the skills test on the last day of class. Instructor: Michael's Angel Paws

AGE	DAY	TIME	DATE	COST	CODE
10+	Th	6:00-7:00 pm	10/01-10/29	\$40.00	654035-36

### NEW! Foundation to Obedience

Our goal for this class is that you walk away with an understanding in dog training theory while teaching your pup to sit, walk nicely on a leash, down, wait, stay, come, and manners (jumping, nipping, digging, potty training, etc.) We welcome dogs of all ages, sizes, and breeds to join this class to gain a foundation in working in step with you. Your dog and you will gain self-confidence and instill a sense of learning for years to come. Instructor: Michael's Angel Paws

AGE	DAY	TIME	DATE	COST	CODE
10+	W	7:00-8:00 pm	10/07-10/28	\$32.00	654032-37

## DANCE

### Egyptian Belly Dance: Beginning

Various steps and rhythms are taught along with veil work and finger cymbals. Belly dancing is a great way to exercise and improve health and fitness without putting strain on the body. Perform a short routine at the end of class. Drop in \$10.50. Instructor: Linda Starcovic

AGE	DAY	TIME	DATE	COST	CODE
12+	T	7:00-8:00 pm	10/06-10/27	\$28.00	184241-37

## EVENTS

For information on events, please visit the Events pages in this issue of *Henderson Happenings*.

## FITNESS

### Gentle Yoga

This form of floor yoga is designed for beginners and people who like a slow-paced practice. The class is comprised of breathing, warmups and deep stretching with instructional modification. It is ideal for those with knee and shoulder issues, back problems and those recovering from injuries. Drop in \$11. Instructor: Nav Dhillon

AGE	DAY	TIME	DATE	COST	CODE
18+	M	5:30-6:30 pm	10/05-10/26	\$23.00	254330-38
18+	W	5:30-6:30 pm	10/07-10/28	\$23.00	254330-39
18+	Sa	9:00-10:15 am	10/03-10/31	\$28.75	254330-45

## MARTIAL ARTS

### Tae Kwon Do

This Korean martial art is a discipline of mind and body which emphasizes techniques using hands and feet. Participants strive to achieve courtesy, integrity, perseverance, self-control, and spirit. The practice helps improve reflexes and coordination and increases strength and stamina. Additional costs may apply for uniforms, belts, protective equipment, and rank advancement. Wear loose-fitting attire and tennis shoes. Beginner class is a prerequisite for the advanced class. Drop in for 1-hour class \$9.75, for 90-minute class \$14.75. Instructor: Gary Bosse

Beginner					
AGE	DAY	TIME	DATE	COST	CODE
6+	T, Th	5:00-6:30 pm	10/01-10/29	\$87.75	454012-37

Advanced					
AGE	DAY	TIME	DATE	COST	CODE
6+	Sa	10:00-11:30 am	10/03-10/24	\$48.75	454012-43

### Karate

Learn the Chuck Norris system, founded by the martial arts legend and actor. It embodies the values of discipline, integrity, loyalty, and respect. Additional costs for uniforms, protective equipment, and rank advancement. Beginner class is a prerequisite for intermediate and advanced classes. Instructor: Karate GGYM

Beginner					
AGE	DAY	TIME	DATE	COST	CODE
7+	M,W	5:30-6:00 pm	10/05-10/28	\$26.00	454002-37

Intermediate					
AGE	DAY	TIME	DATE	COST	CODE
7+	M,W	6:00-7:00 pm	10/05-10/28	\$52.00	454002-41

Advanced					
AGE	DAY	TIME	DATE	COST	CODE
7+	M,W	7:00-8:00 pm	10/05-10/28	\$52.00	454002-45

### Chuck Norris System

#### Green to Black: Advanced

This ultra-advanced martial arts class is limited to those with a Chuck Norris system rank of green belt and above. Learn second degree black belt and higher forms including bo staff, defense programs and point sparring training. Instructor: Karate GGYM

AGE	DAY	TIME	DATE	COST	CODE
10+	T	6:00-7:30 pm	10/06-10/27	\$39.00	454077-37

### Tai Chi Chuan

Through gentle but strength-oriented movements, tai chi chuan taught in the original style helps to improve coordination, flexibility, agility, and core strength plus develop internal energy (chi) for self-healing. It is ideal for relieving stress and reducing anxiety and can serve as a preventive measure for disease and ailments. The beginner class is a prerequisite for the intermediate/advanced class. Drop in for 1-hour class \$9.75, for 90-minute class \$14.75. Instructor: Edward T. Hu

Beginner					
AGE	DAY	TIME	DATE	COST	CODE
18+	Th	5:00-6:00 pm	10/01-10/29	\$32.50	454057-37

Intermediate/Advanced					
AGE	DAY	TIME	DATE	COST	CODE
18+	Th	6:15-7:45 pm	10/01-10/29	\$48.75	454057-41

### Japanese Karate-Do

Practice Japanese karate-do instruction in the Shotokan style. Basic skills, forms and sparring drills are stressed equally to offer a balanced training experience. Benefits of karate include increased strength, flexibility, self-confidence, concentration, self-awareness, and improved physical fitness. Instructor: Japanese Karate Association of Nevada

AGE	DAY	TIME	DATE	COST	CODE
6+	Sa	1:00-2:00 pm	10/03-10/31	\$32.50	454035-37

## MUSIC

### Private Guitar, Banjo or Piano

Get acquainted with the guitar or 5-string banjo and learn techniques of chording, rhythm, strumming and picking. An instrument is required for class. Or build your appreciation for the piano by learning how to read music, play simple songs and practice proper piano etiquette. Choose your lesson time when you register (let us know which instrument you are learning to play). Instructor: PSA Productions

AGE	DAY	TIME	DATE	COST	CODE
8+	M	5:00-8:00 pm	10/05-10/26	\$56.00	474112
8+	Th	5:00-8:00 pm	10/01-10/29	\$70.00	474112
8+	Sa	11:00 am-2:00 pm	10/03-10/31	\$70.00	474112

Resident rate listed | non-residents add 15%



## YEAR-ROUND POOLS

Henderson Multigenerational Aquatic Complex  
250 S. Green Valley Pkwy.  
Competition Pool (HMCP) • 702-267-5829  
Indoor Pool (HMIP) • 702-267-5824

Heritage Park Aquatic Complex (HPAC)  
310 S. Racetrack Rd.  
Indoor Pool • 702-267-2980

Whitney Ranch Aquatic Complex  
1575 Galleria Dr. Building C  
Indoor Pool (WRIP) • 702-267-5870

## FITNESS

### Aqua Fit

This class promotes strength and cardiovascular endurance in a high-energy, low-impact workout. Aqua Fit is taught simultaneously in warmer shallow water or cooler deep water, whichever a participant prefers. Difficulty: intermediate to advanced. Drop in \$7. Instructor: Robin Bell

Location: HPAC

AGE	DAY	TIME	DATE	COST	CODE
16+	T,Th	1:00-2:00 pm	10/01-10/29	\$51.75	416006-01

### Deepwater Exercise

Increase total body fitness through aerobic and anaerobic workouts while promoting muscular development and flexibility. Resistance equipment is provided for sculpting benefits that only water can provide. The class is held in deep water with flotation belts, which are provided along with aquatic weights, noodles and kickboards. Difficulty: moderate. Drop in \$7.

Location: HMCP

Instructor: Robin Bell

AGE	DAY	TIME	DATE	COST	CODE
16+	M,W	7:30-8:30 am	10/05-10/28	\$46.00	416400-04
16+	M,W	9:00-10:00 am	10/05-10/28	\$46.00	416400-05
16+	F	7:30-8:30 am	10/02-10/23	\$23.00	416400-06

### Swim Training for Triathletes

This course focuses on swim stroke mechanics and endurance to improve efficiency and speed for all swimmers - triathletes and lap swimmers alike. Also included in the instruction are open water and racing skills. Must be able to swim 25 yards without assistance. Bring swim cap and goggles. Drop in \$10.50. Instructor: Melodie Cronenberg

Location: HMCP

AGE	DAY	TIME	DATE	COST	CODE
16+	T,Th	6:00-7:00 am	10/01-10/29	\$51.75	426039-01

### Total Water Workout

Total Water Workout uses the principles of circuit fitness training to improve flexibility and muscular and aerobic endurance. It is recommended for participants of all fitness levels and abilities, including those new to water exercise. Aquatic weights, noodles and kickboards are provided. Difficulty: moderate. Drop in \$7.

Location: HMIP

Instructor: Sabrina Robbins

AGE	DAY	TIME	DATE	COST	CODE
16+	T,Th	8:35-9:25 am	10/01-10/29	\$43.13	416304-01

Location: WRIP

Instructor: Marilyn Bartoli

AGE	DAY	TIME	DATE	COST	CODE
16+	M,W,F	9:00-10:00 am	10/02-10/28	\$69.00	416604-01

## HENDERSON SWIM ACADEMY

### Water Safety Swim Clinic

This parent and child course introduces the core competencies by providing instruction to the parent/guardian about how to establish and aid with water readiness while focusing on self-rescue water safety concepts. The purpose of this course is to develop a high comfort level in the water, readiness to swim using self-rescue skills and water safety concepts in very young children, while training adults in water safety and drowning prevention. This clinic will not include stroke refinement skills or advanced swimming.

#### Group I

Location: WRIP

AGE	DAY	TIME	DATE	COST	CODE
5-2	T,Th	8:00-8:45 am	09/29-10/22	\$38.33	406616-05

#### Group II

Location: WRIP

AGE	DAY	TIME	DATE	COST	CODE
3-4	T,Th	4:00-4:40 pm	09/29-10/22	\$38.33	406616-06
3-4	Sa	8:00-8:40 am	10/03-10/24	\$19.67	406616-07

#### Group III

Location: WRIP

AGE	DAY	TIME	DATE	COST	CODE
5-6	T,Th	5:00-5:40 pm	09/29-10/22	\$38.33	406616-08
5-6	Sa	10:00-10:40 am	10/03-10/24	\$19.67	406616-09

### Private Lessons

A trained instructor leads four 30-minute, one-on-one lessons customized to meet the needs of infants, children, adults, and seniors. Minimum age is 6 mos. Children 3 years and under may be required to be accompanied by a parent/guardian in the water. Private lessons fill quickly, so early registration is recommended. Missed lessons are not rescheduled; all refund policies apply.

Location: HMIP

AGE	DAY	TIME	DATE	COST	CODE
5+	M,W	varies	10/05-10/14	\$100.00	406303
5+	T,Th	varies	10/06-10/15	\$100.00	406303
5+	F	varies	10/02-10/23	\$100.00	406303
5+	M,W	varies	10/19-10/28	\$100.00	406303
5+	T,Th	varies	10/20-10/29	\$100.00	406303

## RECREATIONAL TEAMS

### Recreational Diving

Springboard diving students learn the basic techniques, proper approach, hurdle, rotation, and entry of five required dives. Intermediate and advanced divers must know proper approach, hurdle, front dive, and entry. Participants must be able to swim 25 yards and easily tread water. Safety techniques are a priority. The instructor is USA Diving safety certified and former UNLV coach. Drop in \$6.50. Instructor: Tad Tinnell  
Location: HPAC

#### Beginner

AGE	DAY	TIME	DATE	COST	CODE
6-18	M,W,F	4:00-4:45 pm	10/02-10/28	\$51.75	426034-01

#### Intermediate/Advanced

AGE	DAY	TIME	DATE	COST	CODE
6-18	M,W,F	4:45-5:30 pm	10/02-10/28	\$51.75	426034-05

### U.S. Masters

The United States Masters swim program is an aquatic fitness program for adults who choose to swim as their form of exercise for living a healthier lifestyle. Beginners are welcome. For contact information, see the U.S. Masters listing under Team & Club Sports. Drop in \$8.75.  
Location: HMCP

AGE	DAY	TIME	DATE	COST	CODE
16+	M,W,F	6:00-7:00 am	10/02-10/28	\$69.00	426462-02
16+	Sa	9:00-10:00 am	10/03-10/31	\$28.75	426462-03

## TEAM & CLUB SPORTS

### B.C.H. Heatwave Swim Team

Swimmers ages 6-18 participate in a sport that develops physical fitness, confidence and self-discipline. For more information, contact the coaches directly.

Mike Polk	HMCP	702-810-6204
Brian Wakefield	HPAC	702-203-8133
Bob Swift	WRIP	702-862-0144

bchswim.com

### BlueFin Aquatics

This swim team supports young swimmers seeking to maximize their competitive swimming potential. The team trains and develops every level of swimmer, from beginners to Olympic Trials qualifiers, daily, and competes on a local, regional, national, and international basis year round. For more information, contact the team directly.

Bob Hommel	HMCP	702-290-1312
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Swimcoachbobh@gmail.com

### Team Vegas/Henderson Water Polo

This water polo club is designed to expose athletes of all ages to the game. Players receive instruction and training that allows them to start and continue their development of water polo skills. The club also helps guide players into college careers. Tryouts are held for each new athlete before practice and are required prior to registering. For more information, including ages and registration, contact the water polo club.  
Sandy Nitta All pools 702-477-5529

### Club Diving

Learn competitive, intermediate and advanced diving techniques. Instructor Tad Tinnell is the former UNLV diving team coach and is USA Diving safety certified. For more information, contact the diving club.  
Tad Tinnell HPAC 702-205-6433  
tad.tinnell@outlook.com

### Aqua Bike

Aqua Bike is an underwater spinning workout. For more information, including class times and registration, contact Aqua Bike.  
Samir Komobis HMCAC WRAC 702-748-0460  
info@aquabikepacificamerica.com  
aquabikefitness.net

### Rowing Team

Lake Las Vegas Rowing Club teaches athletes the Olympic and collegiate sport of rowing. There are two divisions, junior (ages 13-18) and adult (21+). Train for competitions in Nevada, California and Arizona and compete for admission to and scholarships at over 145 colleges and universities.  
Jim Andersen Lake Las Vegas, 35 Via Brianza, Henderson  
jim@llvrc.org  
llvrc.org

### Dragonboat Racing

The Dragonboat Racing Association Group of Nevada is a 501(c)(3) non-profit organization whose primary purpose is to promote dragon boat racing in Nevada and to help build, strengthen and enhance community life by raising, managing and distributing funds to charitable organizations and/or qualified individuals that are from low to moderate income and/or the under-served communities in Southern Nevada.  
Sherri Weaver 702-596-5800  
dragonboatnv@gmail.com  
dragonboatnv.com

### U.S. Masters

The United States Masters swim program is an aquatic fitness program for adults who choose to swim as their form of exercise for living a healthier lifestyle, and beginners welcome. For further questions on this program, please see contact information for U.S.  
Devonee McCary HMCP 808-989-1701  
hendersonaquatics@gmail.com



Every Friday, 9am-2pm  
Henderson  
Multigenerational  
Center parking lot,  
250 S. Green Valley Pkwy.

Shop for fresh produce and healthy choices in a safe, social atmosphere.

SNAP/EBT benefits  
..... are accepted. ....



cityofhenderson.com

Black Mountain Aquatic Complex (BMAC) | BMI Outdoor Swimming Pool (BMI) | Henderson Multigenerational Activity Pool (HMCP) | Henderson Multigenerational Competition Pool (HMCP) | Henderson Multigenerational Indoor Pool (HMIP) | Heritage Park Aquatic Complex (HPAC) | Silver Springs Outdoor Swimming Pool (SSOP) | Wells Outdoor Swimming Pool (Wells) | Whitney Ranch Activity Pool (WRAP) | Whitney Ranch Indoor Pool (WRIP)

# AQUATICS



The Henderson Bird Viewing Preserve sits on approximately 100 acres, with nine ponds available for birding. It is home to hundreds of migratory waterfowl, several species of resident desert birds and other desert wildlife. The paved path is approximately ¾ of a mile long, and soft-surface paths are level and allow for easy walking. Total path distance is approximately 4½ miles long. Dress for the weather. We recommend you wear a hat and comfortable, sturdy shoes. Water is suggested. Expect to do a lot of walking.

Pets and feeding of the birds and wildlife are strictly prohibited. All visitors must sign in at the visitor center and an adult must accompany children under the age of 14. Unaccompanied teens (14-17) must have a waiver signed by a parent or guardian. Call to schedule tours at least 48 hours in advance. The Henderson Bird Viewing Preserve is a National Wildlife Federation-certified wildlife habitat site. While you're visiting, be sure to stop by our gift shop. Binoculars are available for loan.

Programs are conducted by a member of the Henderson Bird Viewing Preserve staff unless otherwise noted.

**Guided Walking Tours**

Tour the Bird Viewing Preserve on foot with BVP staff. Your guide will take you to the best spots at the preserve for viewing birds and wildlife. Plan on walking up to two miles. Bottled water and loaner binoculars will be provided.

AGE	DAY	TIME	COST
All	Fr	7:00-9:00 am	\$4.00

**CLASSES**

**About Birds & Animals**

Explore the natural world while learning your numbers, colors and animals. Each class includes time in the classroom making crafts or learning about birds and animals (including our resident tortoise, Tino), as well as time outdoors experiencing nature through sight, sound and touch. Each session will include different activities. Dress for the weather.

AGE	DAY	TIME	DATE	COST	CODE
1.5-3	F	10:00-10:45 am	10/02-10/23	\$10.50	664051-01

**Bird Walks**

This adventure led by members of the Red Rock Audubon Society is targeted to beginner and intermediate birders wishing to explore and learn. Please bring your own binoculars and/or scope.

AGE	DAY	TIME	DATE	COST	CODE
16+	Su	7:30-9:30 am	10/25	Free	664039-01

**Adopt!**

Your new best friend is waiting.



**City of Henderson  
 Animal Care and  
 Control Facility**

300 E. Galleria Dr. • 702-267-4970  
 cityofhenderson.com/  
 animal-control

@HendersonNVAnimalShelter

@hendersonanimalcareandcontrol

# BMX

Arroyo Grande Pump Track & BMX Dirt Jump Park | 298 Arroyo Grande Blvd.  
Whitney Mesa BMX Track | 1575 W. Galleria Dr. | 702-267-4050



## ARROYO GRANDE

The BMX dirt park at Arroyo Grande Sports Complex offers varying trail-style jumps and an asphalt pump track that can be enjoyed by all ages and skill levels. The dirt jumps start with rollers to practice pumping and manualing. The next level consists of tabletop jumps to give the riders the opportunity to jump without the fear of not clearing the jump all the way to the backside. Finally, there are two lines of doubles that increase in distance for more advanced riders.

### Hours

Wednesday, Thursday & Friday: 2:00 p.m.-dusk  
Saturday and Sunday: 10:00 a.m.-dusk  
Closed Monday and Tuesday

Daily admission is free.

## WHITNEY MESA

Welcome to Whitney Mesa BMX, home of Olympic gold medalist Connor Fields. This is a USA BMX-sanctioned track requiring USA BMX valid membership to be eligible to ride. If you're not a member, we offer free one-day memberships to new riders. Mountain bikers are welcome to practice with us.

Located adjacent to Whitney Mesa Recreation Center/Aquatic Complex, we have one of the smoothest tracks around. For the latest information, visit [whitnymesabmxtrack.com](http://whitnymesabmxtrack.com) or call the track operator at 702-445-5203. Visit us on Facebook @whitnymesabmxtrack and Instagram @whitnymesabmxtrack for last-minute changes due to weather or events.

### BMX Clinics

Join USA BMX-certified coach Makieva Hopson for a clinic appropriate for all levels and ages. Feel confident that your rider is being coached by a qualified expert. USA BMX requires all of its coaches to complete a training program, including passing a test, having a letter of recommendation from a local track operator, holding valid first aid and CPR certification, and passing a background check. USA BMX membership is required to take part. Register at the track from 5:30-6:00 pm.

#### Beginners

AGE	DAY	TIME	DATE	COST
All	W	6:00-7:00 pm	Ongoing	\$20.00

#### Intermediate & Expert

All	W	7:00-8:30 pm	Ongoing	\$25.00
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### Practice

Sunday: 1:00-3:00 p.m. (changes to noon-2:00 p.m. beginning Oct. 11)  
Monday: 6:00-8:00 p.m.  
Tuesday: 6:00-8:00 p.m.  
\$5.00 per rider

### Saturday Races

Sign up/race  
Through Oct. 3: 6:00-8:00 p.m.  
Beginning Oct. 10: noon-1:00 p.m.  
Class/cruiser \$10  
Balance bikes \$5

### Pumpkin Roll Event

Come out and enjoy the special day at the BMX Track. There will be special games and activities for the participants.

AGE	DAY	TIME	DATE	COST
ALL	Sa	10:00-11:00 am	10/31	\$10.00

Join  
Your  
Team

WE ARE  
HIRING

PART-TIME  
RECREATION  
POSITIONS

cityofhendersonjobs.com

Must be at least 16 years of age to apply.  
For additional information or to submit an application, visit

City of Henderson Jobs

Resident rate listed | non-residents add 15%



## ARCHERY

Archery programs listed here are hosted at Whitney Mesa Recreation Area archery range (behind the Whitney Ranch Recreation Center).

### Birthday Parties at the Range

Have a special birthday party experience at Whitney Mesa archery range. The party package includes two hours of range time and planned activities with one of our archery range masters, plus a picnic shelter. Guests can learn how to shoot and sharpen their skills. A \$60 rental rate due at the time of your reservation request covers the first six shooters, range, equipment, picnic shelter, and range master. Each additional participant is \$10, due the Friday before your reservation date. Reservations are available on Fridays and Saturdays (excluding holidays). Participants must be age 5 or older. To inquire about day and time availability, call 702-267-5707.

### Archery Open Range

The range master facilitates safe archery target shooting through coordinated directions to groups wishing to practice their skills. Bring your own equipment (no broad tip arrows allowed) or rent it from us for \$10 per hour or \$20 per day. Each participant or a parent/guardian must register and sign a waiver at WRRC before they are allowed to shoot. Upon your first visit, you must attend an orientation on range rules and safety. Cost is per day. The archery range is closed on major holidays. Call 702-267-5707 for more information.

AGE	DAY	TIME	COST
5-17	Sa	8:00 am-1:00 pm	\$4.00
18+	Sa	8:00 am-1:00 pm	\$7.00

### Archery Special Shoot: Great Pumpkin Shoot

Join an archery range master for this entertaining archery shoot to improve your skills. All equipment is provided. The annual Great Pumpkin Shoot is one of our most anticipated archery events. Attempt to hit the bullseye on a pumpkin.

AGE	DAY	TIME	DATE	COST	CODE
6+	Sa	10:00-11:00 am	10/31	\$10.00	644076-59

### Beginning Archery

This class explores the 11 steps to archery success and covers technique, form, stance, range safety, and basic bow maintenance and repair. All equipment is provided.

AGE	DAY	TIME	DATE	COST	CODE
6+	Sa	8:00-9:00 am	10/03-10/31	\$52.50	644081-59

### Homeschooler Archery

Have you always wanted to shoot a bow and arrow? Learn archery basics from our trained staff. All equipment is provided.

AGE	DAY	TIME	DATE	COST	CODE
6+	F	3:00-4:00 pm	10/02	\$20.00	644068-59

### Archery Basics

A trained staff member introduces you to the parts of a bow and arrow, their functions and proper techniques before shooting. All equipment is provided.

AGE	DAY	TIME	DATE	COST	CODE
8+	F	4:30-5:30 pm	10/02	\$20.00	644067-60
8+	Sa	11:00 am-noon	10/31	\$20.00	644067-61

## BMX

Our newly renovated BMX courses have different levels for all ages to ride and enjoy. For details, see the BMX page.

## CANINE

Unless otherwise noted, canine programs are held at the Bark Park at Heritage Park.

### Agility 1.0

This beginner class offers a positive step-by-step introduction to the obstacles found in the exhilarating dog sport of agility. Dogs learn how to run through tunnels, single jump, double jump, tire jump and weave poles. Dogs attend every class. Proof of vaccines is required. Price is per dog. Instructor: Michael's Angel Paws Trainer

AGE	DAY	TIME	DATE	COST	CODE
7+	Th	7:15-8:15 pm	10/01-10/29	\$40.00	654023-58

### Agility 2.0+

Take your agility to the next level. Pet guardians learn how to read, navigate and run their dogs through various agility courses. Teams learn how to work together through the use of body language, including turns and hand cues, to navigate increasingly complicated obstacle courses. Agility 1.0 is a prerequisite. Dogs attend every class. Proof of vaccines required. Price is per dog. Instructor: Michael's Angel Paws Trainer

AGE	DAY	TIME	DATE	COST	CODE
7+	Th	6:00-7:00 pm	10/01-10/29	\$40.00	654024-58

## EVENTS

For information on events, please visit the Events section in this issue of *Henderson Happenings*.



## PARKS & TRAILS

### Pets in the Parks

Pets are welcome in the parks, but they must be leashed at all times and are not allowed on the splash pads. Owners must clean up after their pets. We have a number of designated dog parks where dogs can run free and socialize. To find locations near you, refer to [Henderson dog parks](#) online. Pets are not permitted at the Henderson Bird Viewing Preserve.

### Splash Pads

Splash pad features are open May 1 through Oct. 31. To find locations near you, refer to [Henderson splash pads](#) online.

## TRAIL INFORMATION

### Trail Maps & Information

Visit [cityofhenderson.com](#) and search "parks and trails" for additional maps, information, planning, and construction.

### Henderson Trail Watch

Trail Watch is looking for a few good volunteers. Do you enjoy running, walking, riding a bike, hiking, riding a horse, or exercising on Henderson trails? Then why not volunteer your time while doing something you enjoy? Henderson Trail Watch is a volunteer group dedicated to promoting safety and appropriate trail use by providing information and assistance to trail users, observing and documenting safety issues requiring attention, and serving as a positive presence on Henderson trails. Visit [cityofhenderson.com](#) and search "trail watch" for information and a volunteer services application. For more information, call 702-267-5707 or email [COHTrailWatch@cityofhenderson.com](mailto:COHTrailWatch@cityofhenderson.com).

#### Four Steps to Trail Watch

1. Complete an application
2. Attend training
3. Hit the trail
4. Report your observations

## HIKES & WALKS

### Hiking Henderson

Hiking Henderson is a hiking challenge that helps motivate residents to get out and hike eight trails. If you have the drive to walk them all, you'll be rewarded with a hiking stick. Earn plaques to affix to your walking stick in subsequent seasons. \$20 for the first session; \$8 for each additional session. Call 702-267-5707 for more information. Register in person at any Henderson recreation center to pick up your hiking checklist. Redeem for your walking stick or medallion at DRC.

AGE	DAY	TIME	DATE	COST	CODE
All	M-Su	5:00 am-11:00 pm	09/01-12/31	\$20.00	644069-58
All	M-Su	5:00 am-11:00 pm	09/01-12/31	\$8.00	644069-59

### Story Walk

The Trail Reader program features a children's storybook installed page-by-page along a family-friendly Henderson trail. New stories are featured monthly. This program is in partnership with Henderson Libraries. Preregistration is required.

Location: Cornerstone Park

AGE	DAY	TIME	DATE	COST	CODE
All	F	3:30-4:30 pm	10/16	Free	644094-60

### Hike the Whitney Mesa Trail

Enjoy the great outdoors by taking a hike with the City of Henderson. Get in shape while exploring our trails. This 2.5-mile moderate hike has scenic views at the top of the mesa. Dress for the weather. Youth (under 18 years) must be accompanied by a parent/guardian. Registration is required. Leashed dogs are welcome. Wear closed-toe shoes and bring two liters or 64 ounces of water, a hat, sunglasses, sunscreen, and a snack.

Location: Lower Mesa Trail/Southwest Trailhead, 1840 W. Sunset Rd. (west of Arroyo Grande Boulevard)

AGE	DAY	TIME	DATE	COST	CODE
8+	Sa	9:00-11:00 am	10/10	Free	644071-58

## PARK & PICNIC RESERVATIONS

### The Following Require Reservations:

- Designated picnic areas
- Use of inflatables, tents, etc. (in authorized areas only)
- Use of alcoholic beverages (requires a special permit)
- Grassy areas (requires approval)
- Special events for over 400 attendees (requires a permit)
- Any event with over 50 attendees (requires a permit)

### Park, Picnic & Whitney Mesa Camp Armijo Reservations

Picnic areas (with a few exceptions) are available to all citizens on a first-come, first-served basis unless the area has been reserved through our reservation system. Individuals and groups may pay to reserve a specific picnic area. Signs are posted at the picnic area to let others know it is reserved. All reservations must be made at least two weeks in advance of the event; Henderson-based companies and residents may reserve picnic areas up to 180 days in advance. Non-residents may reserve picnic areas 90 days in advance. For a complete list of rules and regulations or an application for reservation, call 702-267-5707, 9:00 a.m. to 5:00 p.m. Monday through Thursday, and 9:00 a.m. to 3:00 p.m. Friday. Or download the reservation form at [cityofhenderson.com](#) (search "reservation"). Splash pads may not be reserved. Please note that the city does not provide power. To view our refund policy, visit [cityofhenderson.com](#) and search "refund."

## SPECIAL PROGRAMS

### Adopt a Trail

The city invites groups, schools, businesses, and others to adopt a trail in a specified area. The program is designed to foster citizen awareness, support and community pride in the City of Henderson's parks, trails and open spaces. It also educates the public about creating and preserving clean and safe parks and trails for everyone to enjoy. To learn more, visit [cityofhenderson.com](http://cityofhenderson.com), search "adopt a trail" and scroll down to locate link) or call 702-267-4027.

### Celebrate Life

#### Commemorative Program

This program provides an opportunity to pay a long-lasting tribute to an individual or occasion and beautify your favorite park at the same time. Benches and tables with plaques and trees without plaques are available for purchase. Call 702-267-4027 for information or visit [cityofhenderson.com](http://cityofhenderson.com) and search "Celebrate Life."

### Community Cleanup Trailer

The City of Henderson Commemorative Beautification Commission has a 20' enclosed trailer full of hand tools and supplies available at no cost to Henderson residents and businesses to use for neighborhood cleanups and community projects. For reservations and availability, call 702-267-4027 or visit [cityofhenderson.com](http://cityofhenderson.com), click Contact Henderson, and in step 1, select Parks and Recreation, then Community Cleanup Trailer; complete steps 2-4.

### Community Pride Award

The Commemorative Beautification Commission presents the Community Pride Award to recognize individuals and businesses who have improved the appearance of their neighborhoods or added to the beauty or cleanliness of Henderson. The recipient receives an award sign, which is posted for several months in their yard or business exterior, to recognize their outstanding efforts. Previous winners include homeowners who have cleaned up a neglected yard or common area, or have converted turf to xeriscape. For an entry form, call 702-267-4027 or visit [cityofhenderson.com](http://cityofhenderson.com) and search "Community Pride."



**Awards for Henderson Students, Teachers, Administrators, Support Staff, and Parents of Students**

### Nominate someone who demonstrates:

- Leadership
- Integrity
- Spirit and Love of Learning
- Innovation
- Outstanding Volunteerism

**Each Honor Roll recipient will be recognized by Mayor March during a special presentation at a City Council meeting.**



**Nominations are now open for the 2020-2021 school year.**  
[cityofhenderson.com/education](http://cityofhenderson.com/education)



## CLASSES

### Skyhawk U5 Soccer

The program ensures a positive introduction to the game of soccer and structured athletic activity. Each week consists of 20 minutes of coaching followed by a 40-minute small-sided game (time to be determined based on enrollment). Program takes place on a junior soccer field. All players receive a jersey and socks. Players must be 3 or 4 years old by Sept. 30.

Location: RRRC

AGE	DAY	TIME	DATE	COST	CODE
3-4	Sa	9:00-10:00 am	09/26-11/07	\$63.00	624120-00
3-4	Sa	10:00-11:00 am	09/26-11/07	\$63.00	624120-01

### Combo Start Camp

Sports staff introduces beginner athletes to a variety of sports including soccer, basketball and baseball in a non-competitive recreational setting that encourages involvement and participation.

Location: Acacia Park

AGE	DAY	TIME	DATE	COST	CODE
3	Th	4:00-5:00 pm	10/01-10/22	\$42.00	624264-01
4-5	Th	5:00-6:00 pm	10/01-10/22	\$42.00	624264-03

Location: Aventura Park

AGE	DAY	TIME	DATE	COST	CODE
4-6	T	5:00-6:00 pm	10/06-10/27	\$42.00	624034-01

### CrossFit Kids

Kids will take part in a non-competitive fitness class, doing a variety of physical fitness activities that are fun and rewarding. Kids will use colorful and foam-covered tiny tot physical equipment under the supervisor of our trainers. Parents can enjoy watching the class or get their own workout in by signing up for a gym membership.

Location: Henderson Multigenerational Center

AGE	DAY	TIME	DATE	COST	CODE
4-9	W	6:30-7:30 pm	10/07-10/28	\$44.00	624260-01

### Fun Fundamentals of Flag Football

Learn the fundamentals of flag football in this in a fun, fast-paced environment. Boys and girls will participate in drills, route running, agility drills and scrimmages. Coaches will teach new skills and techniques each week. Shirts are included. Divisions are separated by age groups.

Location: Acacia Park

AGE	DAY	TIME	DATE	COST	CODE
6-12	Th	6:15-7:15 pm	10/01-10/22	\$50.00	624246-03

Location: Aventura Park

AGE	DAY	TIME	DATE	COST	CODE
6-12	T	6:15-7:15 pm	10/06-10/27	\$50.00	624246-01

### NEW! School of Puck

This entry-level floor hockey class provides the fundamentals needed to control, pass and shoot as well as play defense. Fun game scenarios will be implemented to teach and make players more comfortable with the game of floor hockey. Equipment is provided.

Location: Anthem Hills Park roller rink

AGE	DAY	TIME	DATE	COST	CODE
6-9	W	6:00-7:15 pm	10/07-10/28	\$63.00	624280-02
10-14	W	7:30-8:45 pm	10/07-10/28	\$63.00	624280-03

## GOLF

### Bogey Golf Fundamentals

Our Sports staff will target the class toward learning and developing the fundamentals of golf including proper swing technique, club usage and situational awareness on the course.

Location: Arroyo Grande Park

AGE	DAY	TIME	DATE	COST	CODE
5-8	F	6:00-7:00 pm	10/02-10/23	\$42.00	624261-01
9-16	F	7:00-8:00 pm	10/02-10/23	\$42.00	624261-03

### Wildhorse Jr. Golf Academy

This course is taught based on skill level. Call the academy at 702-434-9000 for class information. For registration information, call the Sports office at 702-267-5717. Instructor: Wildhorse Golf Academy

Location: Wildhorse Golf Club, 2100 W. Warm Springs Rd.

AGE	DAY	TIME	DATE	COST	CODE
6-16	Sa	11:00 am-noon	10/03-10/24	\$110.00	624049-01

### Wildhorse Adult Golf Academy

Beginning students focus on fundamentals while more advanced students work on consistent ball striking. All levels work on putting, chipping and pitching. Video analysis is available where applicable. Call the academy at 702-434-9000 for class information. For registration information, call the Sports office. Instructor: Wildhorse Golf Academy

Location: Wildhorse Golf Club, 2100 W. Warm Springs Rd.

AGE	DAY	TIME	DATE	COST	CODE
16+	Su	11:00 am-noon	10/04-10/25	\$110.00	624050-01

## TENNIS

### NEW! Weekend Passion Club

Passion tennis covers the basics of the game. Students will have fun doing drills where physical fitness is incorporated, and the instructors provide supportive feedback. Instructor: Matt Springer

Location: Capriola Park tennis courts.

AGE	DAY	TIME	DATE	COST	CODE
3-4	Sa	9:00-9:30 am	10/03-10/24	\$21.00	624278-01
5-8	Sa	9:30-10:30 am	10/03-10/24	\$42.00	624278-05
9-13	Sa	10:30-11:30 pm	10/03-10/24	\$42.00	624278-09

### Matt Springer's Passion Tennis

Matt has over 30 years of teaching experience in the sport of tennis. He is a Junior Development Award Winner and USTA Recreational Coach of the Year. Matt will teach new players how to appreciate the basics of tennis, while teaching experienced players how to perfect the game.

Location: Capriola Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
5-7	T	4:00-4:30 pm	10/06-10/27	\$21.00	624265-02
5-7	Th	4:00-4:30 pm	10/08-10/29	\$21.00	624265-03
8-13	T	4:30-5:30 pm	10/06-10/27	\$42.00	624265-10
8-13	Th	4:30-5:30 pm	10/08-10/29	\$42.00	624265-11

### NEW! Rockin' Tennis

USTA instructors teach the fun fundamentals of tennis, where vintage rock 'n roll and pop music is played. Participants will learn the basics of the game through fun drills that include cardio fitness. At the end of each session a recap of the days lesson and positive feedback is provided to all players.

Location: Whitney Mesa tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	M	6:30-7:00 pm	10/05-10/26	\$21.00	624279-01
8-13	M	7:00-8:00 pm	10/05-10/26	\$42.00	624279-05

### NEW! USTA Tournament Tough Tennis

This class is for seasoned and advanced tennis players who are prepping for tournament and league play. Training sessions and pro tips will be taught by USTA instructors. Participants will get the repetitions and fitness drills for their skill level.

Location: Whitney Mesa Recreation Area tennis complex

AGE	DAY	TIME	DATE	COST	CODE
9+	Th	4:15-5:15 pm	10/01-10/22	\$80.00	624266-01

298 N. Arroyo Grande Blvd. | 702-267-5717 (leagues and classes) | Closed on holidays. For hours of operation, visit [cityofhenderson.com](http://cityofhenderson.com). | Arroyo Grande Sports Complex (AG) | Black Mountain Recreation Center (BMRC) | Downtown Recreation Center (DRC) | Henderson Multigenerational Center (HMGC) | Russell Road Recreation Complex (RRRC) | Silver Springs Recreation Center (SSRC) | Valley View Recreation Center (VVRRC) | Whitney Ranch Recreation Center (WRRC)

## Quick Start Tennis

Equipment and playing areas are scaled to size for kids so they can achieve and sustain success as they develop and improve their skills. Instructor: United States Tennis Association

Location: Discovery Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	M	6:30-7:00 pm	10/05-10/26	\$21.00	624163-01
8-13	M	7:00-8:00 pm	10/05-10/26	\$42.00	624163-05

Location: Mountain View Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	Sa	9:00-9:30 am	10/03-10/24	\$21.00	624163-09
8-13	Sa	9:30-10:30 am	10/03-10/24	\$42.00	624163-13

Location: Paseo Verde Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	T	6:00-6:30 pm	10/06-10/27	\$21.00	624163-18
3-7	Th	6:00-6:30 pm	10/08-10/29	\$21.00	624163-19
8-13	T	6:30-7:30 pm	10/06-10/27	\$42.00	624163-26
8-13	Th	6:30-7:30 pm	10/08-10/29	\$42.00	624163-27

Location: Puccini Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	Th	6:00-6:30 pm	10/08-10/29	\$21.00	624163-33
8-13	Th	6:30-7:30 pm	10/08-10/29	\$42.00	624163-37

Location: Whitney Mesa Recreation Area tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	W	6:30-7:00 pm	10/07-10/28	\$21.00	624163-42
3-7	Sa	9:00-9:30 am	10/03-10/24	\$21.00	624163-43
8-13	W	7:00-8:00 pm	10/07-10/28	\$42.00	624163-50
8-13	Sa	9:30-10:30 am	10/03-10/24	\$42.00	624163-51

## USTA-Funded Tennis

USTA introduces the fundamentals of tennis, including proper grips, ground strokes, footwork, volleys, serving, scoring, and basic rules. Rackets are available. Class prices are supplemented by a grant from the United States Tennis Association (USTA). Instructor: United States Tennis Association

Location: Cinnamon Ridge Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	T	6:30-7:00 pm	10/06-10/27	\$12.00	624039-01
8-13	T	7:00-8:00 pm	10/06-10/27	\$24.00	624039-05

Location: O'Callaghan Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	W	6:30-7:00 pm	10/07-10/28	\$12.00	624039-09
8-13	W	7:00-8:00 pm	10/07-10/28	\$24.00	624039-13

Location: Pecos Legacy Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
3-7	T	6:30-7:00 pm	10/06-10/27	\$12.00	624039-17
8-13	T	7:00-8:00 pm	10/06-10/27	\$24.00	624039-21

## Teen & Adult Tennis

These classes provide a structured framework for developing and improving grips, stroke production, movement, positioning, and tactics appropriate for each player's level and goals. We concentrate on game situations, strategy and etiquette, along with specialty shots. You'll be ready to play at the end of the first session. Instructor: United States Tennis Association

Location: Cinnamon Ridge Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
14+	T	8:00-9:00 pm	10/06-10/27	\$42.00	624141-01

Location: Mountain View Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
14+	Sa	8:00-9:00 am	10/03-10/24	\$42.00	624141-04

Location: Whitney Mesa Recreation Area tennis courts

AGE	DAY	TIME	DATE	COST	CODE
14+	Sa	8:00-9:00 am	10/03-10/24	\$42.00	624141-10
14+	M	8:00-9:00 pm	10/05-10/26	\$42.00	624141-11
14+	W	8:00-9:00 pm	10/07-10/28	\$42.00	624141-12

## Family Fun Tennis

Tennis Instructor Clara Springer, winner of the 1996 USPTA Industry Excellence Award, is a certified instructor through the United States Professional Tennis Association. Clara provides valuable and experienced tennis knowledge to her classes, while emphasizing proper basic strokes and fun. Equipment is provided.

Location: Siena Heights tennis courts

AGE	DAY	TIME	DATE	COST	CODE
6-7	M	6:30-7:00 pm	10/05-10/26	\$21.00	624228-01
8-15	M	7:00-8:00 pm	10/05-10/26	\$42.00	624228-05

Location: Sunridge Park tennis courts

AGE	DAY	TIME	DATE	COST	CODE
6-7	W	6:30-7:00 pm	10/07-10/28	\$21.00	624228-09
8-15	W	7:00-8:00 pm	10/07-10/28	\$42.00	624228-13

Location: Madeira Canyon tennis courts

AGE	DAY	TIME	DATE	COST	CODE
8-15	Sa	3:00-4:00 pm	10/03-10/24	\$42.00	624228-17
18+	Th	7:00-8:00 pm	10/08-10/29	\$42.00	624228-21
18+	Sa	4:00-5:00 pm	10/03-10/24	\$42.00	624228-25

## NEW! Racket Science

### Advanced Tennis

This class is led by advanced tennis instructor Alex Sugai, a USPTA elite pro player development specialist who is IPTA certified. Alex has played on the APT Tour and brings a high-performance approach to teaching advanced tennis players. Call 702-267-5717 for detailed scheduling.

Location: Whitney Mesa Recreation Area tennis courts

AGE	DAY	TIME	DATE	COST	CODE
10+	Sa	11:00 am-noon	10/03-10/24	\$110.00	624244-02
10+	Su	11:00 am-noon	10/04-10/25	\$110.00	624244-03

## Sunday Afternoon Mixers

Adult 3.0-4.0 tennis players as well as beginning men and women are invited to participate in an organized fun weekend mixer. Bring friends and make new friends at these fun sessions. Mixers will include fun games as well as drinks and prizes.

Location: Whitney Mesa Recreation Area tennis courts

AGE	DAY	TIME	DATE	COST	CODE
18+	Su	2:00-4:00 pm	09/06-12/20	\$42.00	624253-00

# YOUTH SPORTS LEAGUES

City of Henderson youth sports leagues are designed to deliver world-class programs that enrich children's lives and teach fundamental skills while emphasizing fun and fair play. For more information, call 702-267-5717 or email [COHouthleague@cityofhenderson.com](mailto:COHouthleague@cityofhenderson.com).

## Zone Information

Zone 1: For youth residing within 89002, 89005, 89009, 89011, and 89015 ZIP codes

Zone 2: For youth residing within 89011, 89014, 89016, 89074, and Las Vegas ZIP codes (except 89123 and 89183)

Zone 3: For youth residing within 89012, 89044, 89052, 89053, 89123 and 89183 ZIP codes

## Program Goals

- Everyone plays
- Positive coaching
- Balanced teams
- Open registration
- Sense of fair play

## Team Requests

In U6 and U8 divisions only, parents may request placement with one other player registered in the same division. The request must be mutual (the player being requested must also make the request) and must be made on the youth sports registration form. Requests are not accepted after player ratings. For U10 through U19 divisions, teams are formed through the player rating system only.

## Volunteer Coaches

The City of Henderson requires all of its volunteer coaches to be National Youth Sports Coaches Association (NYSCA) certified and to complete a background check. Training sessions are offered during each youth sports season. Coaches are encouraged to register online at [cityofhenderson.com](http://cityofhenderson.com). Search "volunteer coach."

# Winter Basketball

The City of Henderson's youth leagues are designed to guide each participant through an organized program and to develop the fundamental skills of the game while emphasizing enjoyment and good sportsmanship.

- Teams are formed according to the player rating system
- Space is limited

## Season Schedule

Practices begin on Nov. 30

Season begins on Jan. 2

Season ends on Feb. 13

## Registration Deadline

Online, mail-in and drop-off registration: Sept. 28-Nov. 11

Accepted at all recreation centers, the Sports office, and at player ratings, space permitting.

Mail registration to Arroyo Grande Sports Complex, 298 Arroyo Grande Blvd., Henderson, NV 89014, or enroll online at [cityofhenderson.com](http://cityofhenderson.com)/register.

## Registration Costs

Players must be from the same immediate family to receive the discount. We reserve the right to request supporting documentation.

### Price for Registration prior to Nov. 16

	1 Child	2 Siblings	3+ Siblings
Henderson Resident	\$66	\$125.40	\$184.80
Non-Resident	\$75.90	\$144.21	\$212.52

### Price for Registration On/After Nov. 16

	1 Child	2 Siblings	3+ Siblings
Henderson Resident	\$75	\$142.50	\$210
Non-Resident	\$86.25	\$163.88	\$241.50

## ADULT SPORTS TOURNAMENTS

### Pickleball

#### Cranberry Slam Pickleball Classic

Our sixth annual Cranberry Slam Pickleball Classic takes place at Whitney Mesa Recreation Area Nov. 27-28. There's no better way to burn off those Thanksgiving calories than by participating in this outstanding tournament. For more information, visit [pickleballtournaments.com](http://pickleballtournaments.com) (future tournaments page). Play begins at 8:30 a.m. each morning. Brackets are based on age and skill for competitive and enjoyable matches.

#### Tournament Schedule

Men's Doubles	Nov. 27	624198-00
Women's Doubles	Nov. 27	624198-01
Mixed Doubles	Nov. 28	624198-02

#### Registration & Costs

Registration: Now-Nov. 22  
 Event pre-registration: \$20 per player; includes a shirt  
 \$10 per event, per player

### Age Divisions

The effective date of age determination is the player's age as of Sept. 30, 2020. Players who are at least 5 years old as of this date are eligible to participate.

Division	Age	Eligible birthdates
U6	5	10-01-14 thru 9-30-15
U8	6-7	10-01-12 thru 09-30-14
U10	8-9	10-01-10 thru 09-30-12
U12	10-11	10-01-08 thru 09-30-10
U14	12-13	10-01-06 thru 09-30-08
U19	14-18	10-01-01 thru 09-30-06

### Player Ratings

Player ratings take place at Black Mountain Recreation Center (BMRC), 599 Greenway Rd.; and Henderson Multigenerational Center (HMG), 250 S. Green Valley Pkwy. No ratings are held for the U6 and U8 divisions.

Division	Nov. 13 (BMRC)	Nov. 14 (HMG)
U10	6:00 pm	9:00 am
U12	7:00 pm	10:00 am
U14/U19	7:30 pm	11:00 am

### Team League

Team league players must sign up individually. Coaches will submit the roster for their team to the Sports office. Team league participants not assigned to a coach's team will be placed on a team formed by the Sports office. High school game rules apply for the team league including full-court pressing, open substitutions, and no playing time restrictions. If the team league does not have enough participants, players will be distributed onto all the recreation league teams.

### Divisions

Zone	Division	CODE
1	U6 Co-rec	631000-68
2	U6 Co-rec	631001-68
3	U6 Co-rec	631002-68
1	U8 Boys	631003-68
2	U8 Boys	631004-68
3	U8 Boys	631005-68
All	U8 Girls	631028-68
1	U10 Boys	631027-68
2	U10 Boys	631006-68
3	U10 Boys	631007-68
1	U10 Girls	631008-68
2	U10 Girls	631009-68
3	U10 Girls	631010-68
1	U12 Boys	631011-68
2	U12 Boys	631012-68
3	U12 Boys	631013-68
All	U12 Girls	631014-68
1	U14 Boys	631017-68
2	U14 Boys	631018-68
3	U14 Boys	631019-68
All	U14 Girls	631020-68
All	U19 Boys	631025-68
All	U19 Girls	631026-68
	Interested basketball coaches	631030-00

### Team League Divisions

All	U10 Boys Team League	631042-68
All	U10 Girls Team League	631043-68
All	U12 Boys Team League	631044-68
All	U12 Girls Team League	631045-68
All	U14 Boys Team League	631034-68
All	U14 Girls Team League	631035-68
All	U19 Boys Team League	631046-68
All	U19 Girls Team League	631047-68

## ADULT SPORTS LEAGUES

The City of Henderson provides lifetime sports programs and opportunities that promote wellness, physical activity and social interaction through recreational play that is provided in safe and positive environments. For information, call the Sports office.

### Softball

We offer a variety of softball leagues to choose from. All games are played as double headers at AG, RRRC and Anthem Hills Park.

#### Holiday Season Schedule

Play begins week of Dec.14

#### Registration

Registration: Oct. 9-Dec. 4  
 Team Registration: \$450  
 Official: \$14/game (\$28/doubleheader)

#### Leagues

Day	AG
Monday	Men's
Tuesday	Men's
Wednesday	Men's Co-Rec
Thursday	Men's Co-Rec
Friday	Men's Co-Rec

#### D Division

One home run hitter per team per game allowed. First player to hit a home run qualifies as the home run hitter for that game. Any other home runs by non-qualifying players result in an out. This division features a higher skill and competition level.

#### E Division

No home runs allowed. This division is for the recreation-level player and offers an opportunity for organizations to build camaraderie



### Need Help Selecting a Program?

If you need assistance in making recreation and leisure choices or exploring new and different possibilities, an intake interview may be appropriate. Our staff identifies an individual's needs, strengths and interests and helps in pinpointing programs that match the individual's abilities and interests.

### Financial Assistance

Financial assistance is available for Henderson residents who have demonstrated a financial need. Applications are available at every City of Henderson recreation center.

### Respite Funds

Respite from Desert Regional Center and Olive Crest is accepted for all activities, except deposits and supply costs for classes. If you are using Desert Regional Center funding, bring a copy of your respite agreement when registering for the first time. Registration with respite must be made only at City Hall Annex, 280 S. Water St.

### Here's How to Get Included

- Register for the recreation program of your choice. If the participant has a special need or disability that requires special accommodations, contact Therapeutic Recreation & Inclusion Services.
- Contact the Recreation Services supervisor at least two weeks before the start date to discuss the details or features of the program.
- The Recreation Services supervisor contacts Therapeutic Recreation & Inclusion Services (if necessary) to discuss the type of support needed to accommodate you or your family member.
- Therapeutic Recreation & Inclusion Services works cooperatively with the family to determine which accommodations best support the individual.
- You or your family member start the program with inclusion support(s) in place.
- Our staff members periodically observe the program to offer assistance and answer any questions.
- Communication between Therapeutic Recreation & Inclusion Services staff, Recreation staff and the individual and/or family is maintained continuously throughout the cooperative inclusion process.

### The Inclusion Process

Some individuals with disabilities prefer to participate in the City's general recreation programs. To include those with disabilities, we provide support in the form of adaptive equipment, program modification, additional staff training, support staff, and other services to facilitate inclusion. Our staff assists in determining the most effective means of inclusion support for individuals to participate in any program.

### Participation in Our Programs: It's Your Choice

Whether you choose to participate in therapeutic recreation programs designed specifically for individuals with disabilities or take part in our general recreation programs with those who do not have disabilities, Therapeutic Recreation & Inclusion Services finds a way for you to get the most out of every leisure activity. City of Henderson Parks and Recreation staff members believe that involvement in leisure experiences is important to the quality of life for all individuals.

### Personal Care Assistance

Individuals with disabilities are encouraged to participate in our programs. However, those needing personal assistance with toileting, feeding or dressing must make personal arrangements for this assistance. Contact the Therapeutic Recreation & Inclusion Services office for more information.

### On the Go

This community-based recreation program is for adults of varying abilities wishing to meet new friends through recreation and independent living activities. It provides participants the opportunity to experience and develop a variety of lifetime leisure skills in a community-based setting and is structured to encourage the familiarization with neighborhood leisure resources, self-image, community belonging, and responsibility through recreation participation. On the Go follows the Clark County School District's 9-month calendar. Call 702-267-4065 for more information or to schedule an initial intake to register. Activity calendars are available online at [cityofhenderson.com](http://cityofhenderson.com); search "Therapeutic Recreation."

Ages: 14+ (must be in high school if 14)  
 Days & Times: M,T,Th,F, 1:00-5:30 p.m.  
 Cost: \$11/day; respite is accepted  
 Register: Online, mail, fax to 702-267-4101, walk in or email [TherapeuticRec@cityofhenderson.com](mailto:TherapeuticRec@cityofhenderson.com)

### Adaptive Fitness

Our fitness class includes a variety of stretches, low-impact exercises, walking and cool down. It is designed for those with cognitive and physical disabilities and is tailored to meet individualized needs. Instructor: Linda Starcovic  
 Location: HMGC

AGE	DAY	TIME	DATE	COST	CODE
14+	M	5:00-5:45 pm	10/05-10/26	\$17.25	494088-02
14+	W	5:00-5:45 pm	10/07-10/28	\$17.25	494088-03

## Splash Pads

**Open through October 31  
9am-8pm**

**16 park locations  
plus a dog-only splash  
pad at Heritage Bark Park\***

\*The Heritage Bark Park splash pad (for dogs only) is available 7am-8pm



## S.T.E.A.M. Classes

The magic in every camper comes to life as never before when they are empowered to be as creative as they were all born to be! Black Rocket has 20 years of experience designing camps in the S.T.E.A.M. fields. Every program is powered by the camper's imagination and designed to bring their ideas to life in a fun, hands-on learning environment. From concept to creation, students will demonstrate their masterpiece to the world at the end of each week. All Black Rocket programs mirror real-life experiences and the collaborative nature of the design process. Students will work in pairs for most of the program. Class schedules and registration for Black Rocket virtual S.T.E.A.M. classes available using this link: <https://blackrocket.com/onlie/hen/>

All technical questions regarding Black Rocket classes can be addressed by using this link: <https://blackrocket.com/help>

### eSports Apprentices: Streamers & Gamers

Whether you want to be the next pro gamer, streamer, or gamecaster this course will teach you the basics to get started. No longer just a hobby, eSports is the fastest-growing career for the next generation. Over 400 million people watched YouTube videos and Twitch streams of video game competitions this year alone! In this course, students will develop game-play skills and compete using Black Rocket's eSports games and apps, learn how to produce commentary for live tournaments, use professional streaming software, and most importantly practice online safety. Student recordings will be available on a password-protected website to share with friends and family. Videos will not be broadcast publicly but will be shared with all students in the class. A webcam is required for this course. Software is compatible with MAC and Windows OS only.  
Ages: 8-11 & 11-14

### Minecraft Modders

Use your favorite game to learn the basics of modding and foundations of programming. Learn scripting and logic statements as you create your first mods. Introductory coding will also be taught through a simulated environment inspired by Minecraft. Student projects will be available on a password-protected Black Rocket website to share with friends and family. Students must own a Java version of Minecraft to take this class. [Purchase Minecraft Java Edition](#). Compatible with MAC and Windows OS only; tablet, phone and game console versions of Minecraft are not compatible. Returning students can create more advanced projects that build on previous years.  
Ages: 8-11 and 11-14

### Minecraft Redstone Engineers

Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer. Expand your Redstone knowledge by constructing your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. Activate your skills and take your Minecraft structures to the next level! Students must own a Java version of Minecraft to take this class. [Purchase Minecraft Java Edition](#). Compatible with MAC and Windows OS only; tablet, phone and game console versions of Minecraft are not compatible. Returning students can create more advanced projects that build on previous years.  
Ages: 8-11 and 11-14

### ROBLOX Makers

Unlock the power of ROBLOX Studio, the world-creation tool used by real-world ROBLOX developers! Learn how to build 3D models and create an adventure in your ROBLOX world. Bring characters to life with unique animations you design. Student-created projects will be available on a password-protected Black Rocket website to share with friends and family. Compatible with MAC and Windows OS only.  
Ages: 8-11 and 11-14

### ROBLOX Coders & Entrepreneurs!

Discover how to code in the Lua language while playing and designing worlds in ROBLOX, an online universe where you can create anything you dream of. This new class combines game design concepts, coding, and fun! Young entrepreneurs will also learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password-protected Black Rocket website to share with friends and family. \$10 license fee per student with this class. Compatible with MAC and Windows OS only.  
Ages: 8-11 and 11-14

### YouTube Content Creators

Find your voice and leave your mark on the world when you start a career as the next YouTube star. Explore the variety of content and personalities that exist on YouTube and learn how to find your own niche. Learn the do's and don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class. Student projects will be available on a password-protected Black Rocket website to share with friends and family. A webcam is required for this course. Compatible with MAC and Windows OS only.  
Ages 8-11 and 11-14

### Python Programmers

Want to learn the world's fastest-growing programming language favored by Google, NASA, YouTube, and the CIA? Learn how to code with Python to create engaging apps and games. Each lesson takes you step-by-step on a programming path that will let you challenge friends with fun content you create from start to finish! Returning students can create more advanced projects that build on previous years. \$10 license fee per student with this class. Compatible with MAC, Windows and Chrome OS only.  
Ages: 8-11 and 11-14

### Make Your First Video Game!

If you love playing video games, this is the camp for you! Make your first video game in this one-of-a-kind class that shows you the keys to designing your first 2D platformer game. Conceptualization, play experience, level design, graphics, sounds, and simple coding are just some of the concepts that we'll explore. No prior experience necessary, just a desire to have fun. Student projects will be available on a password-protected Black Rocket website to share with friends and family. Games are only compatible on PC computers. Returning students can create more advanced projects that build on previous years. Compatible with Windows OS only.  
Ages: 8-11 and 11-14

## Code Breakers

Calling all future coders, programmers, and designers! Learn the basics of coding languages like HTML, JavaScript, and CSS through a series of web projects and design challenges each day and be on your way to becoming the next tech star! Whether you want to be a Silicon Valley CEO or the high school student who just made \$1 million for programming in her bedroom, this course has the essentials you need to begin your journey. Projects will be available on a password-protected Black Rocket website to share with friends and family. Returning students can create more advanced projects that build on previous years. Compatible with MAC, Windows and Chrome OS.

Ages 8-11 and 11-14

## Battle Royale: Make Your First Fortnite-Style Video Game

Instead of playing the game, design your own. Using professional 3D game development software, build levels and assets inspired by popular battle royale games like Fortnite. Students can participate in eSports League matches against other groups across the country with a chance to have their levels featured in the Black Rocket master build of the game. This course includes cartoonish action and battle sequences. Student-created games will be available on a password protected Black Rocket website to share with friends and family. This requires a 64-bit operating system. Compatible with MAC and Windows OS only.

Ages: 8-11 and 11-14

## KIDZTOPROS

On Sunday prior to this virtual camp start date you will receive an email from KidzToPros with instructions.

## ARTS & CRAFTS

### Art Skills

#### Awesome Animals

Kids will learn techniques in drawing, using simple materials you have at home. They'll get immediate feedback from the instructor and lots of inspiration from their classmates. This session will focus on techniques for drawing a variety of fun animals. Requirements: basic art supplies from home (paper, pencils, coloring supplies, and scissors/tape/glue). Colored paper is optional.

AGE	DAY	TIME	DATE	COST	CODE
5-7	T	1:00-2:00 pm	09/22-11/17	\$90.00	734007-00
5-7	T	4:00-5:00 pm	09/22-11/17	\$90.00	734007-01

#### Anime

Kids learn technical drawing skills in the popular techniques of anime-manga. Young artists will develop and continue to build on their drawing abilities to create rich anime artwork. For example, we start with the basics of how to draw with simple shapes, then add faces and different expressions, and finally, add in a body performing different actions. Artists will finish the session with a beautiful portfolio of drawings. Requirements: basic art supplies from home (paper, pencils, coloring supplies, and scissors/tape/glue). Colored paper is optional.

AGE	DAY	TIME	DATE	COST	CODE
7-9	Th	1:00-2:00 pm	09/24-11/19	\$90.00	734007-02
9-11	Th	1:00-2:00 pm	09/24-11/19	\$90.00	734007-03

## Origami & Papercraft:

### Super Stationery

Make beautiful creations from just a piece of paper! In KidzToPros Origami & Papercraft program, an origami instructor will teach and review the fundamental origami folds and then lead kids through the creation of fantastic origami art. Students will make a variety of projects with increasing complexity, including origami-enhanced media for sending one-of-a-kind notes and letters. Kids will develop valuable skills, such as concentration, hand-eye coordination, and patience. Level up the creativity and fun with paper! Requirements: basic art supplies from home (paper, pencils, coloring supplies, and scissors/tape/glue). Colored paper is optional.

AGE	DAY	TIME	DATE	COST	CODE
7-9	F	4:00-5:00 pm	09/25-11/20	\$90.00	734015-00
9-11	M	4:00-5:00 pm	09/21-11/16	\$90.00	734015-01

## DANCE & FITNESS

### Hip-Hop Dance 1

Our spectacular, high-energy hip-hop dance program will definitely have kids on their feet, movin' and groovin'! Hip-hop dance helps kids develop coordination, synchronization, creativity, rhythm and listening skills. A friendly and energetic instructor will teach kids new dance moves and a coordinated routine that the group will perform in a virtual choreography. Requirements: an open, safe space in front of your webcam to move around and exercise (approximately 10' x 10').

AGE	DAY	TIME	DATE	COST	CODE
5-7	Th	1:00-2:00 pm	09/24-11/19	\$90.00	734009-00
5-7	Th	4:00-5:00 pm	09/24-11/19	\$90.00	734009-01

### HyPE Energizer Bunnies

KidzToPros is supercharging activity time! In HyPE Energizer Bunnies, a friendly and energetic instructor will lead kids through a variety of fitness routines designed to improve strength, balance and flexibility, while having fun. Get ready to break a sweat with fun movement activities. Requirements: an open, safe space in front of your webcam to move around and exercise (approximately 10' by 10').

AGE	DAY	TIME	DATE	COST	CODE
5-7	M	1:00-2:00 pm	09/21-11/16	\$90.00	734006-00
5-7	M	4:00-5:00 pm	09/21-11/16	\$90.00	734006-01
7-9	M	1:00-2:00 pm	09/21-11/16	\$90.00	734006-02

### Self-Defense & Yoga

Self-Defense & Yoga helps strengthen the body and the mind. An encouraging, live instructor will guide kids through self-defense movements and yoga poses, teaching kids how to gain body control and strength. The program helps kids improve their concentration and develop self-confidence, discipline, and self-respect. It's also great for helping kids deal with stress and their emotions in a healthy way. Our instructors are engaged, passionate and motivational, and will ensure that all participants are having a blast while safely learning martial arts. Requirements: an open, safe space in front of your webcam to move around and exercise (approximately 10' x 10').

AGE	DAY	TIME	DATE	COST	CODE
5-7	F	1:00-2:00 pm	09/25-11/20	\$90.00	734010-00
5-7	F	4:00-5:00 pm	09/25-11/20	\$90.00	734010-01
7-9	W	1:00-2:00 pm	09/23-11/18	\$90.00	734010-02
9-11	W	1:00-2:00 pm	09/23-11/18	\$90.00	734010-03

## EDUCATION & PERSONAL DEVELOPMENT

### LEGO Masters:

#### Structures & Creative Challenges

Kids will be presented specific engineering challenges tailored for young minds, such as making and testing a LEGO bridge and creating a LEGO dominoes set to understand chain reactions. Live, online instructors will emphasize the importance of patience, iteration and making use of feedback while helping kids improve their fine motor skills. This is the perfect program to inspire young engineers! Requirements: a bucket of basic LEGO blocks and a safe place to build creative structures in front of your webcam.

AGE	DAY	TIME	DATE	COST	CODE
5-7	W	1:00-2:00 pm	09/23-11/18	\$90.00	734008-00
5-7	W	4:00-5:00 pm	09/23-11/18	\$90.00	734008-01
7-9	T	1:00-2:00 pm	09/22-11/17	\$90.00	734008-02

### Chess Club

Our chess club teaches the fundamentals of chess using an online, interactive chess forum. Players gain an understanding of each chess piece and their different movements and values, strategize on good versus bad trades, and learn how to end the game with a checkmate. Players will improve their "board vision": the ability to effectively view all the moves, captures, checks, and threats on the board. Requirements: Windows or MacOS computer. Create a free chess account at lichess.org.

AGE	DAY	TIME	DATE	COST	CODE
9-11	Th	4:00-5:00 pm	09/24-11/19	\$135.00	734019-00

## SPORTS

### Soccer Stars

Get a fun and personalized soccer workout that will improve your game. In Soccer Stars, our live, online coaches work with kids to improve technique, mindsets, and stamina in soccer. No soccer net necessary; ball-handling, footwork, and fitness give us plenty to practice. There will be lots of personal challenges and group games to provide socialization and fun. A soccer ball and an open, safe space in front of your webcam to move around and dribble the ball (approximately 10' x 10').

AGE	DAY	TIME	DATE	COST	CODE
7-9	Th	4:00-5:00 pm	09/24-11/19	\$90.00	734014-00

### Basketballers: Skills & Drills

KidzToPros popular basketball camp covers the fundamentals of dribbling, ball-handling, pivoting, footwork and defense, along with strategies of the game. Our live and energetic coaches break down each skill effectively to ensure kids are learning the correct fundamentals that will carry on to the next level. The coach will work directly with each child on their technique, mindsets, and stamina. A lot can be learned even without a hoop! Get a fun and personalized basketball workout that will improve your game. Requirements: an open, safe space in front of your webcam to move around and exercise (approximately 10' x 10').

AGE	DAY	TIME	DATE	COST	CODE
7-9	T	4:00-5:00 pm	09/22-11/17	\$90.00	734013-00
9-11	T	4:00-5:00 pm	09/22-11/17	\$90.00	734013-01

# WEB DESIGN & GAME BUILDING

## Minecraft Coding & Game Design: Adventure Maps

Design your own adventures and games that you can share with your friends. Kids will think through how to make a playable activity and learn conditionals and event triggering. They will use command blocks, red stones, and more to create adventure maps, missions, or games. They will also be able to package their game to send to anyone else to play! Kids will grow in problem-solving and computational thinking as they play one of the most popular and dynamic games in history. Requirements: Minecraft Java Edition installed on a Windows or MacOS computer.

AGE	DAY	TIME	DATE	COST	CODE
7-9	W	4:00-5:30 pm	09/23-11/18	\$180.00	734016-00

## Scratch Coding: Basic Games

KidzToPros Scratch Coding focuses on the foundational computer coding concepts like sequencing, branching, looping, and variables. Scratch helps your child to think creatively, reason systematically, and work collaboratively. This unit covers different Scratch elements that help create basic games. Completion of this program gives your child a good foundation to start building more complex programs in Scratch, and also to begin learning other programming languages. Requirements: Windows, ChromOS or MacOS computer and Scratch login or installation.

AGE	DAY	TIME	DATE	COST	CODE
7-9	M	4:00-5:00 pm	09/21-11/16	\$135.00	734012-00

## Roblox

### Obstacle Course & Scavenger Hunts

Design an Obby and Scavenger Hunts in Roblox! In KidzToPros the entry-level Roblox Game Design program, students will learn the fundamentals of building and scripting within the Roblox Studio by designing their own obstacle course and scavenger hunts. By the end of the program, students will be proficient in building, creating and sharing their games, and coding/modifying basic functions in the Lua Scripting Language, Roblox's intuitive programming language that allows creators to add triggers, responses, or other actions to their games. Requirements: set up a free Roblox account online and install free Roblox Studio software (via account) on a Windows or MacOS computer.

AGE	DAY	TIME	DATE	COST	CODE
7-9	F	1:00-2:30 pm	09/25-11/20	\$180.00	734011-00

### Game Design With Lua

This ROBLOX program for older elementary students is an exciting and fun dive into programming with Lua, a scripting language similar to Javascript. Kids will learn basic coding concepts such as functions and loops and variables with an engaging hands-on curriculum where they are immediately applying knowledge to games that they want to design. Roblox is an open platform for creative kids to build games from scratch, and even monetize their experiences on an open market! Requirements: set up a free Roblox account online and install free Roblox Studio software (via account) on a Windows or MacOS computer.

AGE	DAY	TIME	DATE	COST	CODE
9-11	F	1:00-2:30 pm	09/25-11/20	\$180.00	734011-01
9-11	W	4:00-5:30 pm	09/23-11/18	\$180.00	734011-02

## Circuits & Arduino

Learn and build working circuits, with no materials, and total safety. A live instructor will discuss and demonstrate concepts in electronics and circuitry as students simultaneously build and test their own digital circuits. In their free Tinkercad account, students will work together with a variety of circuit components and a virtual programmable Arduino. Requirements: create a free account at tinkercad.com prior to the start of the program.

AGE	DAY	TIME	DATE	COST	CODE
9-11	T	1:00-2:00 pm	09/22-11/17	\$135.00	734017-00

## Coding Game Design: Classic Games

Coding Game Design focuses on more advanced coding concepts in Scratch like sequencing, branching, looping, and variables. With a different project starter each week, your child will think creatively, reason systematically, problem solve and work collaboratively. Students will leave the program with the skills to build various types of computer projects including musical, artistic, and gaming programs, and how to manipulate and animate "sprites" (characters). Instructors encourage students to be creative and design their projects with their peers. Requirements: Windows, ChromOS, or MacOS computer; Scratch login or installation.

AGE	DAY	TIME	DATE	COST	CODE
9-11	F	4:00-5:00 pm	09/25-11/20	\$135.00	734020-00

## Digital 3D Modeling

Digital 3D Modeling is a unique program that introduces students to the world of 3D art. Students will learn one of the most powerful and popular 3D software products. They'll create their own characters, environment, props and vehicles to be used in a video game. The program is a unique blend between art and technology that will bring students closer to modern and future creation of video games and animated films. Successful completion of the program will allow students to explore more advanced classes to master more 3D sculpting techniques. Requirements: the program will use either Maya (free trial available from autodesk.com/products/maya/overview) OR Blender (blender.org), according to your instructor's specialization. You will be notified prior to start of class which 3D software product to install.

AGE	DAY	TIME	DATE	COST	CODE
9-11	M	1:00-2:30 pm	09/21-11/16	\$135.00	734018-00
11-14	Th	1:00-3:00 pm	09/24-11/19	\$225.00	734018-01
11-14	Th	4:00-6:00 pm	09/24-11/19	\$225.00	734018-02
14-18	Th	1:00-3:00 pm	09/24-11/19	\$225.00	734018-03
14-18	Th	4:00-6:00 pm	09/24-11/19	\$225.00	734018-04

## Esports Coaching:

### Fortnite Advanced

Esports (competitive video gaming) is rapidly growing in popularity. High schools, colleges and local clubs are fielding teams that compete regionally, nationally, and internationally. Esports Coaching: Fortnite Advanced helps players improve their playing skills and techniques and provides them the confidence they need to play competitively. Students receive live instruction and feedback from an expert and practice with a group of up to eight players. Players should have a beginner/intermediate level of play prior to taking this program. Requirements: Fortnite on any online platform, and a free Discord account (discordapp.com/download).

AGE	DAY	TIME	DATE	COST	CODE
11-14	F	1:00-3:00 pm	09/25-11/20	\$225.00	734024-00
11-14	F	4:00-6:00 pm	09/25-11/20	\$225.00	734024-01

## Java Game Design 1

Learn Java by creating and modding fun, interactive games. In Java Game Design level 1, students use Java, the most widely used programming language in the world, and the dev environment Greenfoot to learn object-oriented programming concepts and skills. Important programming concepts are covered, including classes and objects, data types, conditional statements and iteration. Students will create video games they can play with friends, allowing them to have fun and express creativity while they learn. By the end of the program, students will have a basic proficiency in writing code according to object-oriented principles and will understand the fundamental syntax of Java.

Requirements: Windows or MacOS laptop/desktop with Greenfoot software installed (greenfoot.org).

AGE	DAY	TIME	DATE	COST	CODE
11-14	W	1:00-3:00 pm	09/23-11/18	\$225.00	734023-00
11-14	W	4:00-6:00 pm	09/23-11/18	\$225.00	734023-01
14-18	W	1:00-3:00 pm	09/23-11/18	\$225.00	734023-02
14-18	W	4:00-6:00 pm	09/23-11/18	\$225.00	734023-03

## Python Programming 1

Python is one of the fastest-growing programming languages, widely used by developers across academia and the tech industry. It is also one of the easiest programming languages to learn. In Python level 1, students will learn foundational programming skills such as data types, recursion, and conditionals, as well as how to plan and execute projects. By the end of the program, students will have the education and experience to jump-start them toward a lifelong interest in computer science.

Requirements: Windows or MacOS laptop/desktop.

AGE	DAY	TIME	DATE	COST	CODE
11-14	T	1:00-3:00 pm	09/22-11/17	\$225.00	734022-00
11-14	T	4:00-6:00 pm	09/22-11/17	\$225.00	734022-01
14-18	T	1:00-3:00 pm	09/22-11/17	\$225.00	734022-02
14-18	T	4:00-6:00 pm	09/22-11/17	\$225.00	734022-03

## Web Design 1

Web Design level 1 teaches students how to create dynamic, visually appealing websites. They'll learn the foundations of front-end web development and how to create their own webpage by considering layout, responsive pages, dynamic content and more. Students will learn HTML, CSS and JavaScript programming languages and how they all work together to create beautiful, purpose-driven webpages. By the end of camp, students will have created a portfolio website to showcase their programming project. Requirements: Windows, MacOS, or ChromeOS laptop/desktop.

AGE	DAY	TIME	DATE	COST	CODE
11-14	M	1:00-3:00 pm	09/21-11/16	\$225.00	734021-00
11-14	M	4:00-6:00 pm	09/21-11/16	\$225.00	734021-01
14-18	M	1:00-3:00 pm	09/21-11/16	\$225.00	734021-02
14-18	M	4:00-6:00 pm	09/21-11/16	\$225.00	734021-03

## Unity Game Development

Aspiring game developers can launch their hobby, or maybe even career, with our skilled live Unity Game Development instructors. In this introductory course, students will learn and practice the basics of Unity using the C# scripting language. They will start by learning player movement with vectors and simple physics and move on to integrating game objects and assets. They will think through level design and the bells and whistles of creating a 2D game. We'll cover all of the fundamental skills needed to move on to our Level 2 course for 3D game design. Requirements: Download Unity software (unity3d.com) onto a computer that meets system requirements for the software.

AGE	DAY	TIME	DATE	COST	CODE
14-18	F	1:00-3:00 pm	09/25-11/20	\$225.00	734025-00
14-18	F	4:00-6:00 pm	09/25-11/20	\$225.00	734025-01