

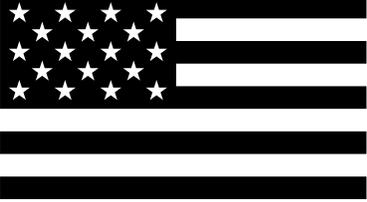


July 2020  
 Downtown Senior Center  
 27 E. Texas Ave.  
 702-267-4150



Meals served 11:30am to 12:30pm Monday through Friday  
 60 years+ suggested donation of \$2.50/Under 60 years \$5 per meal

To hear the current week's menu, call 702-267-DINE (3463)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Oven-fried chicken Macaroni & cheese Peas Green salad Pineapple chunks Cake	<b>2</b> Stuffed shells California vegetables American salad Garlic roll Fruit cocktail	<b>3</b> CLOSED Independence Day Observed No meal service
<b>6</b> Pulled pork sandwich Tater tots Antigua vegetables Coleslaw Pear slices	<b>7</b> Chicken parmesan Noodles Provence vegetables Caesar salad Garlic roll Banana	<b>8</b> Baked meatloaf Loaded mashed potatoes Catalina vegetables Colorful salad Mandarin oranges	<b>9</b> Breaded pork cutlet Scalloped potatoes Meadow blend vegetables Spinach salad Multigrain bread w/butter Applesauce	<b>10</b> Cajun-style baked cod Wild rice Peas & carrots Garden salad Tropical fruit Cookie Or Chef salad
<b>13</b> Chicken-fried chicken Mashed potatoes Scandinavian vegetables Mixed salad Peach slices	<b>14</b> Spaghetti w/meatballs Broccoli Caesar salad Garlic roll Banana	<b>15</b> Italian sub w/fixings Pasta salad Pineapple chunks Cookie	<b>16</b> BBQ ribs Baked beans Green salad Roll w/butter Fruit cocktail w/Jell-O	<b>17</b> Chicken fingers Seasoned fries Carrot & celery sticks American salad Pear slices Or Tuna-stuffed tomato
<b>20</b> Roast turkey Candied yams Country-blend vegetables Colorful salad Multigrain bread w/butter Mandarin oranges	<b>21</b> Malibu chicken Rice pilaf Monaco vegetables Carrot & raisin salad Banana Pudding	<b>22</b> Lasagna Green beans Tomato & cucumber salad Orange slices	<b>23</b> Cheeseburger w/fixings Chips Potato salad Tropical fruit Cherry crisp	<b>24</b> Fish & chips California vegetables Spinach salad Peach slices Or Chicken Caesar salad
<b>27</b> Chicken pot pie Mixed vegetables Garden salad Applesauce	<b>28</b> Pot roast Rosemary roasted potatoes Sliced carrots Mixed salad Roll w/butter Banana	<b>29</b> Grilled cheese Tomato soup Colorful salad Pineapple chunks Cookie	<b>30</b> Swedish meatballs Pasta Catalina vegetables American salad Roll w/butter Pear slices	<b>31</b> Stuffed cabbage Jasmine rice Oriental vegetables Asian salad Mandarin oranges Or Krab Louie (imitation crab meat)

Food allergy notice: Food items may contain these or other allergy-causing ingredients: nuts, milk, eggs, wheat, soybeans, peanuts, fish and shellfish.  
 Menu items subject to change. Milk is available with all meals Monday through Friday upon request.