



Stars and Stripes

HEALTH

- Breakfast Buffet
- Weekly Fitness Bingo
- Star Spangled Workout
- Chalk Obstacle Course
- Fruit and Vegetable Painting
- Superhero Yoga

EMPOWER

- Plan a Fourth of July Parade/Firework Display Mad Lib Worksheets
- Beauty is in the eye of the beholder
- 4th of July Picture Stories
- American Flag LEGO Brick Master
- Family Conversation Starters
- Family Patriotic Bike Ride

RECREATION

- Blowing in the Wind
- Hopscotch
- Bottle Rocket Tag
- I Went to the Shops
- 4th of July Fans
- Patriotic Straw Necklaces

OUTREACH

- Decorate a Star
- Virtual Firework Show
- Disneyland Virtual Flag Ceremony
- Letter to a Veteran
- Patriotic Singing
- Straw Rockets

SKIP THE BOREDOM

- 4th of July Bingo
- 4th of July Scavenger Hunt
- 4th of July Coloring Page
- Star Spangled Trivia
- Family Litter Patrol
- 4th of July I Spy